

How To Identify Sins Better

Overview: This teaching explains the Expanded Prayer for Breaking Curses which gets you set free of the influence of sins and demons, devils and evil spirits by using a process to learn to identify your sins better. The scriptural references validating this teaching can be found in the modules teaching this lesson in either Healing School or School of Dominion.

A. Confessing Your Sins Is Imperative.

1. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. During the course of Semester 1 and now in Semester 2 we have been working to sensitize you to sin in your life. Not to make you sin conscious leading to guilt and condemnation, because Jesus' blood had paid for all your sins and you are the righteousness of God in Christ Jesus, but to help you identify and overcome the strongholds of the evil one in your life. 1 John 1:9 (NKJV)
2. If we [freely] admit that we have sinned and confess our sins, He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action]. 1 John 1:9 (AMPC)

B. Identifying and Recognizing Sins Breaks Bondage.

1. Recognizing and identifying sins tears down and dismantles strongholds of sins.
2. Pray and ask the Lord to show you ways in which fear is affecting your life and try to identify high level general categories of sins. Example: Unforgiveness towards my friend, Jane Doe.
3. Then move to an advanced, detailed confession of sins will break the strongholds on a deeper, lower level. Keep it specific and avoid generalities. Example: I was angry at my friend, Jane Doe, because she did not invite me to her dinner party, so I have unforgiveness against her and have not spoken to her since then.

C. Why Categorize Your Sins?

1. Recognize the sins you commit most frequently or consistently is the first step so you can categorize them after you identify them.
2. Categorize and identify what demons are causing those sins.
 - a. The sin of being offended is the demon of Offense which opens doors to many other demons.
 - b. The sin of being unable to forgive is the demon of Unforgiveness which opens doors to many other demons.
 - c. The sin of being afraid is the demons of Fear which also opens doors to many other demons.
3. Analyze the sins to recognize where you are being influenced or attacked by the demons.
 - a. Merriam Webster's Dictionary defines "Offend" as "To cause to sin or fall; to cause (a person or group) to feel hurt, angry, or upset by something said or done."
 - b. There is no definition in the dictionary for "Unforgiveness."
The definition of "Forgive" is "To cease to feel resentment against (an offender): pardon, forgive one's enemies is to give up resentment of or claim to requital for an insult, to grant relief from payment of a debt."
Synonyms of "Forgive (from Synonym.com – includes Antonym):" "pardon, excuse, exonerate, absolve; make allowances for, feel no resentment or malice toward, harbor no grudge against, bury the hatchet, let bygones be bygones, not blame, not have resentment, not punish."
Antonyms of "Forgive:" The opposite of the synonyms listed above.

- c. The definition of “Fear” is a “an unpleasant often strong emotion caused by anticipation or awareness of danger, a state marked by this emotion, anxious concern, profound reverence and awe especially toward God, reason for alarm (if there is danger).”
Synonyms of “Fear:” “afraid, fright (stage fright) apprehensiveness, panic attack, hysteria, shudder, shiver, terror, dismay, timidity, intimidation, cold sweat, apprehension, alarm, dread, scared.”
Antonyms of “Fear:” “Fearlessness, unafraid.”
Synonyms of “Fearlessness:” “Courageousness, boldness, daring, coolness, bravery.”
Antonyms of “Fearlessness:” “Cowardice gutlessness fearfulness, timidity.”
4. Prevent the demons from influencing you by doing this CRRB process frequently all day long.
- Confess your sins.
 - Repent of your sins.
 - Renounce your sins.
 - Break the curses attached to your sins.
5. By doing the CRRB and Using the Expanded Prayer for Breaking Curses you get set free of the influence of sins and demons, devils and evil spirits.
- After confessing and repenting of your sins, you must restore spiritual fellowship with God and be on constant guard against sinful attitudes, intentions, desires, thoughts, memories, words, actions and deeds. Remember, anything which violates any one of the nine parts of the Fruit of the Spirit is a sin.
 - It is essential to forgive every person from your heart who has participated in these sins or caused you to sin or been affected by these sins. Then bless them from your heart and love them with the love of the Lord. Then forgive yourself from your heart, bless yourself and love yourself with the love of the Lord.
 - You are doing Spiritual Warfare when you renounce satan and every demon, devil and evil spirit behind these sins. The definition of “Renounce” is “To give up (being influenced by), refuse, or resign usually by formal declaration, to refuse to follow, obey, or recognize any further, repudiate, renounce the authority of.”
 - After you renounce the Evil One and his cohorts, you have taken away the legal their right to operate in or on me, my body or my life because of these sins.
 - Then you will be able to break and sever ungodly ties to those sins and the demons, devils and evil spirits behind those sins.
 - Also, when you are not aware of committing any sin for a given period of time, frequently, just pause and ask the Lord to cleanse you of the ones of which you are unaware and then RRB the unknown sins. Then ask the Lord to continue to reveal to you your unknown sins and help you not to do them again.
 - As a result, you will be set free by Jesus Christ because whom the Son sets free, is free indeed!
- D.** These daily lifestyle choices are essential to develop in order to make sure we are not allowing the demons we are casting out to come back in to our lives. Be particularly vigilant in the areas in which you have broken curses.