

## Blessing is a Choice Quiz

**Notice:** Please do **NOT** read page 3 or 4 until after you have taken this quiz.  
Please do not take the quiz until so directed in the service.

### A. Life giving steps.

1. What are the 2 most important things you can do for life, health and blessings?

1) \_\_\_\_\_

2) \_\_\_\_\_

2. What are the next 4 most important Scriptural things that you can do for yourself?

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

3. What are the next 5 important Scriptural things that ABC recommends that you do as part of your overcoming Christian lifestyle?

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

4. Of the above 11 items, which one is not included in the Secondary Methods of Healing?

\_\_\_\_\_

### B. Life giving Prayers.

1. Write down a 10 seconds prayer for being cleansed of your unknown sins.

\_\_\_\_\_

2. Write the 15 seconds prayer, which is the most important prayer for starting your day.

\_\_\_\_\_

3. What are the 5 Biblical prayers recommended by ABC for inclusion in your Morning Prayers. Write down the Bible book, chapter and verses (i.e., if it does not include the entire chapter).

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

4. In cases where there is an extreme shortage of time, there is a 15 second prayer which replaces the 5 morning prayers in section B3. Write it down.

\_\_\_\_\_

\_\_\_\_\_

## Blessing is a Choice

**Overview:** Deu 30:19 I call heaven and earth to record this day against you, [that] I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

### A. Life giving steps.

1. What are the 2 most important things you can do for life, health and blessings?
  - 1) *Confess your sins frequently.*
  - 2) *Forgive others. Be a loving forgiving person.*
2. What are the next 4 most important things that you can do for yourself?
  - 1) *Study the Word.*
  - 2) *Do Affirmations.*
  - 3) *Receive Communion.*
  - 4) *Praying in tongues.*
3. What are the next 5 important things that ABC recommends that you do as part of your overcoming Christian lifestyle?
  - 1) *Breaking curses.*
  - 2) *Praise and worship.*
  - 3) *Worshipping God in your body with your body.*
  - 4) *Resisting the devil.*
  - 5) *Fasting.*
4. Of the above 11 items, which one is not included in the Secondary Methods of Healing?
  - 1) *Be a loving forgiving person.*
  - 2) *Also not included is attending church on a regular basis.*
  - 3) *Also not included is tithing.*

### B. Life giving Prayers

1. Write down a 10 seconds prayer for being cleansed of your unknown sins.  
*Lord, I am not aware of any sins. In the Name of Jesus, please cleanse me from all unrighteousness (or all sins).*
2. Write down the 15 seconds prayer, which is the most important prayer for starting your day.  
*In the Name of Jesus, I loose into my life this day God's will, God's power and God's angels. In the Name of Jesus, I bind from me this day satan and his demons and devils and evil spirits.*
3. What are the 5 Biblical prayers recommended by ABC for inclusion in your Morning Prayers, Write down the Bible book, chapter and verses (i.e., if it does not include the entire chapter).  
*Ps 23, Ps 91, Ephesians 1:17-23, Ephesians 3:14-21, Col 1:9-11*
4. In cases where there is an extreme shortage of time, there is a 15 second prayer which replaces the 5 morning prayers in section B3. Write it down.  
*In the Name of Jesus, I declare over myself this day all the promises of Ps 23, Ps 91, Ephesians 1:17-23, Ephesians 3:14-21, Col 1:9-11*

## Healing Methods

### A) Primary Methods for Receiving Your Healing (Praying in Faith)

- a. God has provided healing for all people, regardless of where they are.
- b. Identify where you are in knowledge and faith.
- c. Select one of the tools listed below. Do it only once for each time and occasion of challenge.
- d. Use of this tool becomes your point of contact for releasing your faith. This means that you do this only **once** because you believe that you receive when you release your faith.
  1. Anointing with oil            James 5:14 - Requires at least three people.
  2. Prayer of Agreement        Matt 18:19 - Requires at least two people.
  3. Asking in Faith            Mark 11:24 - Requires one person, asking God for healing.
  4. Prayer of Authority        Mark 16:17; Mark 11:23; John 14:14  
- Requires one person, who realizes that healing was paid for on the cross.
  5. Laying of hands            Mark 16:18  
- On a believer, only if minister is operating under the anointing.  
- On an unbeliever, any time as a sign and wonder.
  6. Gifts of the Holy Spirit    1 Cor 12:4-11  
- For any person when manifestation of the gifts are flowing.

### B) Secondary Methods for Receiving Your Healing (Spiritual Warfare)

- a. Recognize that health and healing belong to you and satan is trying to steal your healing.
- b. Having done all to stand, keep standing on your faith for healing.
- c. Keep pressing in against the enemy by using the following tools as often and as many times as you deem it necessary. It is one of your actions for standing in faith and remaining in patience.
  1. Confessing your sins        1 John 1:9; James 5:16  
- To God frequently; especially before prayer and affirmations.  
- To another person, periodically, especially for cleansing.
  2. Prayer of Affirmation        Mark 11:23; Heb 10:23  
- Aloud, in the Name of Jesus, increasing the number of repetitions.
  3. Communion                1 Cor 11:23-25  
- Once per day as a lifestyle; frequently during challenges.
  4. Reading the Bible            Joshua 1:8  
- Read especially Healing Scriptures and especially **aloud**.
  5. Praise and Worship        Psalm 8:2; Matt 21:16; Psalms 27:6  
- 7 by 24 Christian music in your home is great.
  6. Worshipping God in your body - Praise stills the avenger and so we praise Him by:
    - a. Dancing before the Lord – Psalm 150:4
    - b. Lifting holy hands – I Tim 2:8
    - c. Kneeling/Lying before Him – Rev.1:17
  7. Praying in tongues        Rom 8:26; 1 Cor 14:2, 14  
- The more the better: an hour per day is a good goal.
  8. Fasting                    Isaiah 58:6-8  
- Regular weekly fasting is necessary for an ongoing walk of victory.
  9. Breaking curses            Matt 12:29; Luke 10:19-20; 11:17-26  
- Severing the demonic ties created because of our sins.
  10. Resist the devil by doing things your body does not want to do.