

A Life of Cleansing

Introduction: Jesus said that He came that you might have life better than you have ever imagined it (John 10:10) but the devil comes to steal, kill and destroy. From Gen 3 to Rev 20, we see the effects of satan on people. That is why we war not against the flesh (2 Cor 10:3-6) but against spiritual powers (Eph 6:12). Cleansing protects you from the attacks of the enemy by removing the effects of sins from your life.

A. What is Cleansing?

1. Definition.

Cleansing is the removing from your body, your home and your life all **the effects of sins**, which include curses and the demons, devils and evil spirits which through the sins have been given **legal access** to attack you.

2. How are you cleansed?

a) Through the Lordship of Jesus.

Eph 5:26 That he might sanctify and cleanse it with the washing of water by the word, Eph 5:27 That he might present it to himself a glorious church, not having spot, (*i.e., be washed by the Word*) or wrinkle (*i.e., be ironed by the Rod of Iron*), or any such thing; but that it should be holy and without blemish.

b) Through removing sins and their effects from yourself and your life.

Jam 5:16 Remove sins by confessing [your] faults (*G3900 fall, fault, offence, sin, trespass*) one to another, and pray one for another, **that ye may be healed**. The effectual fervent prayer of a righteous man availeth much.

Mat:18:19 Remove the effects of sins by breaking curses with a partner, who will agree with you as you pray. Prepare your list of sins. Use the attached prayer on page 4 to break curses by praying the entire guideline for each sin. At the end of **each line**, your partner will agree with you by saying, "I agree with you in the Name of Jesus." Suggest that you attend the ABC Healing School.

c) Through casting out demons.

Mar 16:17 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues;
Suggest that you attend the School of Dominion.

3. Why should you be cleansed?

Joh 14:15 If ye love me, keep my commandments.

Joh 14:21 He that hath my commandments, and keepeth them, he it is that loveth me:

Gal 5:6 faith which worketh by love.

1Jo 3:2 when he shall appear, we shall be like him; for we shall see him as he is.

1Jo 3:3 And every man that hath this hope in him **purifies** himself, even as he is pure.

B. The Effects of Sin.

1. Definition of Sin.

Any disobedience to God, to the voice of the Holy Spirit or to the Word of God is a sin.

2. Necessary Conditions.

For your actions to be considered as a sin before God and thereby break your fellowship with God, three conditions must be met:

a) You must believe it is a sin.

b) You must be willing to do it.

c) You must do it either in the physical or in your heart.

3. There are four components to sin.

Even if an action is not considered as a sin before God, the action can still produce sinful effects, which are curses. Since these curses go down to (*i.e., can affect*) the 3rd and 4th generations, they most certainly affect the 1st generation (*i.e., the person who sinned*). This is because any disobedience to God's word, whether known or unknown, opens the door to a spiritual attack.

This spiritual attack can have four components:

- a) 1 John 1:6-9 It breaks your fellowship with God.
- b) John 5:1-14 esp 14 It opens the door to demonic attacks.
- c) Mark 2:1-11 esp 9 It affects your body and possessions.
- d) Josh 7 esp v24 It affects your relationship with others and with the world.

C. Cleansing.

1. Process of restoring fellowship with God.

- a) Confess – agree with God's Word that the action is sinful (1 John 1:9). You do **not** have to ask for forgiveness. God has already forgiven you. Jesus took your sins.
- b) Repent – turn your back on the sin by committing in your heart not to do it again.
- c) Receive – accept forgiveness for your sins.

Note: The mnemonic CRR will be used to represent all 3 – Confess, Repent, Receive.

2. Breaking the Power of Sin.

Restoring fellowship with God only addresses one of the four components of sin.

Terminating the attacks authorized by the curses of your sins will not only greatly improve your lifestyle and your peace, it will also enable you to receive better your physical or emotional healing and to mend any damaged relationships.

There are four steps in removing curses and/or the impact of sins on your life:

- a) Repent
Repent of your sins by confessing them to God and, in the Name of Jesus, determine in your heart never to commit that sin again. Ask the Holy Spirit to help you never again to commit sin.
- b) Forgive.
In the Name of Jesus, forgive yourself and every person who has participated in the sin or has been affected directly or indirectly through your sin. In the Name of Jesus, remove any negative spiritual bondage which your sin may have produced in their lives.
- c) Renounce.
Renounce the demonic spirits behind that sin. In the Name of Jesus, declare that you remove forever their legal right to operate in your life based on that sin, because that sin has been forgiven by your Heavenly Father.
- d) Break.
Pray as follows: "In the Name of Jesus, I break every curse which has been operating in my life because of that sin. From this moment forward, these curses and the memories of that sin will never again return to me nor affect me in any way." This prayer is not meant to replace the one in A2b) above. This is meant to be a short version to be used in conjunction with confessing your sins every time that you confess sins during the day as part of your ongoing lifestyle of cleansing.

3. Casting out demons.

a) After the steps above in C2, you may pray:

- “In the Name of Jesus, I break every vow, ever covenant, every contract, every hold, every hook, every connection to these sins, to the effects of these sins and to the demons, devils and evil spirits behind these sins. (Note: if you are short of time, you may pray, ” In the Name of Jesus, I break off me all the evil connected with these sins.”)
- In the Name of Jesus, I bind up every demon/devil/evil spirit behind these sins.
- In the Name of Jesus, I cast them out of me, my home and my life.

b) A holy lifestyle is crucial for preventing demons from re-entering your life.

- Be on the alert for recurring temptations.
- Treat all temptations as sins: confess, repent, forgive if appropriate, renounce and break; then cast out the demons/devils/evil spirits behind the temptations.

D. Cleansing as a lifestyle.

1. The Purpose.

- a) One major key to receiving healing and walking in divine health is to remove the hindrances to the flow of the anointing in one’s life. One primary hindrance is unconfessed sin.
- b) Confess every known sin immediately. Make it a habit to receive cleansing for all your **unknown** sins regularly by praying, “Lord, I am not aware of any known sins, so in the Name of Jesus, please cleanse me of all unrighteousness.”
- c) In addition, one should break the effects of the curses and the demonic connections and cast out the demons, devils and evil spirits behind the sins as shown in C3a) above.

2. The Remedy.

- a) Confess (CRR) your sins frequently using 1 John 1:9.
- b) Confess (CRR) after every known sin.
- c) Confess (CRR) before every holy interaction (e.g., Communion, tithing, affirmations, prayer, talking to God, reading your Bible, etc.).
- d) Confess (CRR) unknown sins after some defined period of elapsed time during which you are not aware of committing any sins.
- e) After CRR, renounce, break and cast out. Forgive others when necessary.

3. The Lifestyle.

- a) Make confessing and casting out a frequent part of your day. Suggest doing this at least once per hour.
- b) Be a loving forgiving person. Never give nor receive offense.
- c) Stay in joy, peace and patience.
- d) Periodically, have a time of highly focused cleansing, perhaps weekly.
- e) **Affirm:**

Rom 6:11 In the Name of Jesus, I reckon myself dead to sin but alive unto God through Christ Jesus, my Lord.

1 Cor 2:16 In the Name of Jesus, I have the mind of Christ.

Ps 19:14 In the Name of Jesus, God has made the words of my mouth and the meditations of my heart pleasing to Him.

1 Peter 2:24 I have been healed by the stripes of Jesus.

2 Cor 8:9 I have been made rich by Jesus Christ **or**

Phil 4:19 My God supplies all my need according to His riches in glory by Christ Jesus.

Expanded Prayer for Breaking Curses

Repent – Restore Fellowship

1. In the Name of Jesus, I repent of the sin(s) of _____
(Example: Calling myself fat)
2. In the Name of Jesus, I repent of all my sins of attitude, intention, desire, thought, memory, words, actions or deeds concerning the sins of _____
3. In the Name of Jesus I forgive every person from my heart who has participated in these sins or caused me to sin or been affected by these sins. In the name of Jesus I bless them from my heart.

Renounce – Spiritual Warfare

4. In the Name of Jesus, I renounce satan and every demon, devil and evil spirit behind these sins.
5. In the Name of Jesus, I take away the legal right of satan, every demon, devil and evil spirit to operate in or on me, my body or my life because of these sins.

Break – Sever Ungodly Ties

6. In the Name of Jesus, I break every heart, soul, mind and body tie to these sins and to every person and spiritual being connected to or behind these sins.
7. In the Name of Jesus, I break every curse, every vow, every covenant, every contract, every hold, every hook, every connection to evil resulting from these sins.
8. In the Name of Jesus, I have been set free by Jesus Christ. S/He, whom the Son sets free, is free indeed.

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