

## Habits of Healing

**Overview:** It has been said that we are creatures of habits. However, we are also in the family of God. Why don't we act like adults in His family and develop godly habits as we act in his likeness?

### A. Lust

1. Definition of lust.

An intense longing; a craving; a personal inclination, such as an addiction or ingrained habit.

2. The process of sin and death.

Jam 1:13 Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man:

Jam 1:14 But every man is tempted, when he is drawn away of his own lust, and enticed.

Jam 1:15 Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

3. Pride, the first sin committed by satan, was manifested in an **overpowering desire** for power as shown in the Five "I will's" in Isa 14:13-14.

### B. Habitual Destiny.

1. You are a creature of habits.

Your thoughts determine your words.

Your words determine your actions.

Your actions determine your habits.

Your habits determine your character.

Your character determines your destiny.

2. Plan your destiny.

Choose the destiny that you desire. One example might be to live and not die so as to be raptured at the return of Jesus.

Write down the vision of your desired destiny.

Create a Faith Action Plan (FAP) for the habits you desire to propel you to that destiny.

Live your FAP daily. Plan your work and work your plan.

3. Living your plan.

Make your FAP the center of your life.

This is your understanding of God's plan for your days.

Start your day with God and the FAP.

Live your day by prioritizing your life around your FAP.

End your day with God and your FAP.

### C. A Lifestyle of Healing.

1. Develop habits of prayer, emotions, nutrition, eating and exercising, which support your destiny.

2. Be a loving, forgiving and giving person.

3. Build your life, build your day around habits based on the 10 Secondary Methods of Warfare (Healing). Don't just do these when you are involved in warfare for a particular manifestation.

1) Confessing your sins

2) Doing Affirmations.

3) Communion.

4) Reading the Bible including aloud some of the time.

5) Praise and Worship.

- 6) Worshipping God in and with your body.
- 7) Praying in tongues.
- 8) Fasting.
- 9) Breaking curses.
- 10) Executing Faith Actions plans so as to act as if you already have the manifestation.

D. Conformed to His Image.

1. Desire the redemption of your body.

Rom 8:23 And not only [they], but ourselves also, which have the firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, [to wit], the redemption of our body.

Mar 11:24 Therefore I say unto you, What things soever ye desire (*i.e., crave, intensely want*), when ye pray, believe that ye receive [them], and ye shall have [them].

2. All things work together for good to them that love God.

Rom 8:28 And we know that all things work together for good to them that love God, to them who are the called according to [his] purpose.

Partnership is not just praying. It requires action, which will flow out of that burning desire  
Disciples, those who are disciplined (*i.e., committed and consistent and not lazy*) will be the ones who are set free (John 8:31-32).

Jam 1:2 My brethren, count it all joy when ye fall into divers temptations;

Jam 1:3 Knowing [this], that the trying of your faith worketh patience.

Jam 1:4 But let patience have [her] perfect work, that ye may be perfect and entire, wanting nothing.

3. Your glorified body has already been purchased for you.

Rom 8:29 For whom he did foreknow, he also did predestinate [to be] conformed to the image of his Son, that he might be the firstborn among many brethren.

Rom 8:30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

Heb 10:14 For by one offering he hath perfected for ever them that are sanctified.

You are a king and a priest. You are a joint heir with Jesus. You should act like it.