

Healing through the Fruit of the Spirit Part 1 Introduction

Overview: The Fruit of the Spirit is love, joy, peace, patience (longsuffering, endurance, constancy), gentleness (kindness), goodness (virtue), faith, humility (meekness) and self-control (discipline, moderation) Gal 5:22-23.

A. Spirit and Body

1. The Holy Spirit dwells in your spirit, so the entire Fruit is present in your spirit.
2. The spirit does not sin because God lives in your spirit.
3. The spirit cannot sin because the perfect presence of the Fruit prevents sin.
4. The body has no will and therefore cannot manifest the Fruit.

B. Heart

1. The heart is primarily concerned with the spiritual aspects of the Fruit. The focus is on God.
2. The love of God is shed abroad in your heart. Rom 5:5
3. A merry (joyful) heart doeth good like a medicine. Pro 17:22
4. The joy of the Lord is your strength. Neh 8:10
5. The peace of God will keep your heart. Phil 4:7

C. Soul

1. The soul is primarily concerned with the internal aspects of the Fruit. The focus is on the changes which are on the inside of you.
2. In your patience you will possess your soul. Luke 21:19
3. The man of God should not strive but be gentle unto all men. 2 Tim 2:24
4. He fills the hungry soul with goodness. Psalm 107:9
5. The merciful man doeth good to his own soul. Prov 11:17

D. Mind

1. The mind is primarily concerned with the external aspects of the Fruit. The focus is on your interactions with the external world.
2. The shield of faith quenches the fiery darts. Eph 6:16
3. He humbled himself and became obedient unto death. Phil 2:8
4. Discipline:
 - a) Reckon yourself dead to sin (Rom 6:11) and die to self. Gal 2:20
 - b) Present your bodies ... transformed by the renewing of your mind. Rom 12:1-2

E. Virtuous Cycle

1. A virtuous cycle is the opposite of a vicious cycle. It pulls you up, not down.
2. If you increase the part of the Fruit which is at the top (i.e., love) and at the bottom (i.e., discipline) then, like an escalator, the cycle of the Fruit of the Spirit will pull you into a closer and more intimate relationship with God.

Suggestion: Decide to spend more time with God. This will result in the increase of your love and the practice of discipline, thereby initiating the virtuous cycle of the Fruit of the Spirit.

ABC Healing School
Semester 2 Module 11
Healing Through the Fruit of the Spirit Part 1
Homework Assignments

1. Do all exercises as instructed (Fill in the Blanks, True or False, Match, Unscramble the Jumbled Messages, etc.).
2. Take Communion twice daily (preferably once early in the day):
 - (a) once with a partner.
 - (b) once by yourself.
3. Continue to establish the Kingdom of God.

Healing through the Fruit of the Spirit Part 1 Exercise Introduction

Intro Note

Mat 22:37 Jesus said unto him, Thou shalt love the Lord thy God with all thy _____, and with all thy _____, and with all thy _____.

1Th 5:23 And the very God of peace sanctify you wholly; and [I pray God] your whole _____ and _____ and _____ be preserved blameless unto the coming of our Lord Jesus Christ.

(1) Spirit and Body

(2) Heart

Rom 5:5 And hope maketh not ashamed; because the _____ of God is shed abroad in our _____ by the Holy Ghost which is given unto us.

Pro 17:22 A merry _____ doeth good [like] a _____: but a broken spirit drieth the _____.

Neh 8:10 Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for [this] day [is] holy unto our Lord: neither be ye sorry; for the _____ of the LORD is your _____.

Phi 4:6 Be careful for nothing; but in _____ by prayer and supplication with thanksgiving let your _____ be made known unto God.

Phi 4:7 And the _____ of God, which passeth all understanding, shall keep your _____ and _____ through Christ Jesus.

(3) Soul

Luk 21:18 But there shall not an hair of your head _____.

Luk 21:19 In your _____ possess ye your _____.

2Ti 2:24 And the servant of the Lord must not strive; but be _____ unto all [men], apt to teach, _____.

Psa 107:9 For he satisfieth the longing _____, and filleth the hungry soul with _____.

Pro 11:17 The _____ man doeth good to his own soul: but [he that is] cruel troubleth his own flesh.

(4) Mind

Eph 6:16 Above all, taking the _____ of _____, wherewith ye shall be able to quench all the fiery _____ of the wicked.

Phi 2:8 And being found in fashion as a man, he _____ himself, and became obedient unto death, even the death of the cross.

Rom 6:11 Likewise reckon ye also yourselves to be _____ indeed unto sin, but _____ unto God through **Jesus Christ our Lord**.

Gal 2:20 I am _____ with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the _____ I live by the faith of the Son of God, who loved me, and gave himself for me.

Rom 12:1 I beseech you therefore, brethren, by the mercies of God, that ye _____ your bodies a _____, holy, acceptable unto God, [which is] your reasonable service.

Rom 12:2 And be not _____ to this world: but be ye _____ by the renewing of your _____, that ye may prove what [is] that good, and acceptable, and perfect, will of God.

Note: The word “transformed” is the Greek word “metamorphoo,” from which we get the English word “metamorphosis.” A metamorphosis is the change of one life form to another (e.g., an ugly caterpillar to a beautiful butterfly or an ugly duckling to a majestic swan). We are being changed into new creations, inhabited by God with His glory in us and all around us, so that we can start walking in the beauty of holiness and start using His authority and power.

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The top of the Fruit of the Spirit is Love, Joy, Peace & Patience. Write down some practical ways you can increase in these areas of the Fruit. _____

The bottom of the Fruit of the Spirit is Self Control, also translated as discipline or temperance. Write down some practical ways you can be more disciplined in your life regarding spiritual things. _____

Fruit of the Spirit

(Galatians 5:22)

Name: _____ Date: _____

✓ Please place a check mark in no more than five categories.

Fruit	Rating
Love	
Joy	
Peace	
Patience	
Gentleness	
Goodness	
Faith	
Humility	
Self-control	