

Breaking Curses

(1) Preparation

- Identify sources of trauma, major sins, or habits which give demonic access by asking the Holy Spirit to bring these to the subject's memory, especially childhood memories.
- Create lists of curses: words and actions.
- Start with higher level categories and then get more specific.

(2) How to Break Curses

- Typically, multiple sessions of 10 to 15 minutes.
- One on one; over the phone is acceptable.
- Couple to one; or male to male; or female to female.
- Use the Expanded Prayer for Breaking Curses. (Sem 2 Module 24)
- Confess sins.
- Subject reads his/her lists and reads through the prayer with the minister, agreeing after each statement.
- If timeframe permits, it is best to do one item at a time; otherwise do them in related groupings.

(3) After Breaking Curses

- Give special instructions to subject (see below).
- Pray for subject over the next few days.
- Follow-up call with subject.

Additional Considerations:

Be on constant guard against sinful attitudes, intentions, desires, thoughts, memories, words, actions and deeds. Remember, anything which violates any one of the nine parts of the Fruit of the Spirit is a sin.

When you do sin, CRRB every sin ASAP (i.e., confess, repent, renounce, break). Also, when you are not aware of committing any sin for a given period of time, frequently just pause and ask the Lord to cleanse you of the ones of which you are unaware and then thank God for your forgiveness. Then ask the Lord to continue to reveal to you your unknown sins and help you not to do them again.

It is essential to develop these daily lifestyle choices in order to make sure we do not allow back into our lives the previously cast out demons. **Be particularly vigilant** in the areas in which you have broken curses and also in those areas in which, during your cleaning session (either personal, class or team cleansing), demons or evil spirits were cast out.

Checklist for Manifesting Healing – Part 3 for ABCers

General Comments

The spiritual actions below are all items which would benefit any believer. However, the order has been arranged especially for ABCers. Because of his/her normal everyday lifestyle and his/her knowledge of healing, the list has been set up so that the focus is on an ABC person attaining the manifestation by him/herself. The expectation is that the symptoms will leave and manifestation will result from the very first action (i.e., from the onset of doing line item 1).

The list starts with the more frequent spiritual actions (A-E) of a Semester 2 ABCer. One should expect victory on every new line item (i.e., on starting every new action of faith). One should go on to the next line item action only after a period of standing in Faith on that current line item action. The assumption is that the ABCer has a lifestyle which includes daily healing maintenance, and into this lifestyle comes an attack of accident, sickness or disease.

The end of the list incorporates the spiritual actions (F-H) of a Semester 3 ABCer. A slow manifestation of healing or a lack of manifestation is evidence that there are hindrances (sins and related demons) blocking the healing. Reviewing the steps below could reveal possible hindrances and allow the healing anointing to flow freely. Each action is a step toward God and submitting to Him; and each step is a way to resist the devil (James 4:7-8). Only near the end does the list require the participation of others.

Prayer Actions in Spiritual Warfare

A) Immediate Normal Action

1. Prayer of Authority: Command the symptoms, infirmity, sickness or disease to go.

B) Check for Hindrances (H) – **(Wherever you see the (H) this is a place for potential hindrances).**

2. (H) Check your spiritual thermostats (Joy, Peace, Patience).

C) Immediate Warfare

3. Affirmations: Increase from maintenance to warfare (e.g., from 30 to 200 per day).
4. (H) Are you confessing your sins before affirmations?
5. (H) Forgive all others: Search self (actions) and memory for all past sins of unforgiveness.

D) Near-term Warfare

6. (H) Confess sins before Communion.
7. Communion: Increase from maintenance (daily) to warfare (frequently: e.g., once per hour).
8. Study the Bible.
9. Study Healing in the Bible.
10. (H) Checkup on your words.
11. (H) Checkup on all nine parts of the Fruit of the Spirit.

E) Long-term Warfare

12. (H) Break curses.
13. (H) Affirm Scriptures to control your tongue.
14. Read the Bible aloud.
15. Play Healing Scriptures aloud 24x7.
16. Play praise/worship music 24x7.

17. Read Healing Scriptures aloud.
18. Sing worship songs.
- F) Extended Warfare
 19. Pray in tongues a lot.
 20. (H) Fast on a regular basis.
 21. Bind the demons behind the challenges and cast them out.
 22. (H) Do extended fasting. (recommended 1 day per week.)
 23. Bind satan, who is behind the challenge.
 24. (H) Check your Consecration: Possessions, Relationships, Self.
 25. (H) Check your Alignment: Mind → Soul → Heart → Spirit of Living God.
 26. (H) Look for First Steps: Review your words, actions, attitudes and thoughts from the time preceding the challenge. If identified, CRRB and use Prayer for Personal Cleansing.
 27. Are you establishing the Kingdom of God around you and your environment?
 28. (H) Have you been confessing your sins regularly and doing the CRRB & shortened Prayer for Personal Cleansing as part of your confession of sins?
 29. (H) Are you casting down imaginations and bringing every thought captive?
 30. Have you been having regular personal cleansing sessions using Prayer for Personal Cleansing (recommend weekly)?
 31. Go minister healing to somebody.
- G) Seek Assistance – from instructor/partner/Semester 3 graduate
 32. Get someone to agree with you in prayer for your manifestation (Repeat A-F).
 33. Get someone to lay hands on you (Repeat A-F).
 34. Get others to anoint you with oil (Repeat A-F).
 35. Get others to worship the Lord with you (Repeat A-F).
 36. When sin areas are revealed, get with a partner to break curses, and then cast out the demons, devils or evil spirits behind those sins.
- H) Seek Assistance – from Pastors/staff or Pastors Joshua or Sarah
 37. Have the Three Witness Anointing done on you.
 38. Repeat Semester 3 of Healing School.

Footnote: One should take very special note that under step G above, the instructions are to use the Prayer of Agreement, the Laying on of Hands or the Anointing with Oil. These three prayers were defined in Semester 1 as Primary Methods which are done only once and not repeated during spiritual warfare.

The Prayers under the Primary Methods are used only once because each usage defines a “point of contact”, where you release your faith and declare that you believe and are declaring that you have received your healing for that specific challenge. Since you believe that you have received, you can never again pray it to receive that specific healing manifestation. You can never again use a prayer as a Primary Method.

However, since certain Primary Prayers involve other people, these prayers can be used during spiritual warfare to increase the attack (pressure) on the enemy. In other words, the same type of prayers may be used once as a Primary Method for receiving your healing and repeated as a Secondary Method for spiritual warfare against the enemy. But note very clearly that using these three prayers for spiritual warfare comes at the very end, after you have done everything else.