

## Patience and Contentment

**Overview:** The Power Triplets are Faith, Patience and Contentment. The first two are called the Power Twins because of their power as described in Heb 6:12, which states that with faith and patience you can obtain any promise of God. But Contentment is the third part of the power house to keep you in the Kingdom of God (KOG) as you walk in Joy, Peace and Patience in whatsoever state of life you may find yourself. (Phil 4:11).

### Contentment

1Ti 6:6 But godliness with contentment is great gain.

1Ti 6:7 For we brought nothing into [this] world, [and it is] certain we can carry nothing out.

1Ti 6:8 And having food and raiment let us be therewith content.

Heb 13:5 [Let your] conversation [be] without covetousness; [and be] content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

Phi 4:11 Not that I speak in respect of want: for I have learned, in whatsoever state I am, [therewith] to be content.

### A. ABC Lifestyle

We are called to be conformed to the image of Jesus Christ (Rom 8:29). We are called to live unto righteousness (1 Pet 2:24). To help us to be obedient to these goals, the 7 ½ years of ABC Schools provide a greater awareness and understanding of what sins are and how to recognize them. The closer we draw to God is the more the light of God exposes previously unrecognized darkness. The point of the schools is to establish a lifestyle of drawing closer to God by remaining in the Kingdom of God (KOG).

### Foundations of the Lifestyle:

Be: born again, water baptized, baptized in the Holy Spirit, praying in tongues regularly, confessing sins, cleansing regularly, a loving and forgiving person, affirming Ps 19:14, 1 Cor 2:16 and 1 Peter 2:24 daily, tithing and giving offerings, walking or desiring to walk in the Gifts of the Spirit, living in the Fruit of the Spirit, fasting regularly, ministering the Gospel, leading people to Jesus, praying for the sick and casting out demons. Mark 16:17.

### B. Morning

Start your day early and create your day with your words.

Confess sins, re-establish the KOG around self, family, extended family, pets, home, possessions, income; and your church family.

Pray Ps 23, Ps 91, Eph 1:17-23, Eph 3:14:21, Col 1:9-11.

Command, without harm or evil to any person, animal, plant or thing, that the circumstances of your day line up so you have a godly, peaceful, orderly and productive day.

Start your day with tongues, Communion and the Word of God.

### C. Day

Have a goal of how long you plan on spending each day with God, talking, praying, receiving Communion, reading your Bible, etc.

Confess your sins regularly throughout the day. Cleanse your location and re-establish the KOG.

Bless your meals as you like but include this prayer, "Heavenly Father, I thank You that You have promised to bless my bread and water and take all sickness from me as I serve You." (Ex 23:25)

Be a loving, forgiving person.

Monitor the three Spiritual thermostats. If you start losing your joy, peace or patience, then forgive **from your heart** the person with whom you are or were interacting; and bless the person (also from your heart).

Pray in tongues or do affirmations, not just at specific times but as a background task as you are working, running errands, etc.

Whatever you do, do it heartily as unto the Lord. (Col 3:23).

### D. Night

Confess sins.

Review your day by spending time with the Holy Spirit and seeking His help in identifying sins/mistakes from your day.

Close your day with Communion and reading the Word.