

## Getting High

### Overview:

God created His prize possession Mankind to experience and live in glory, in godly, joyful bliss and in glowing physical well-being. Satan is not a creator. He is a copy-cat and a deceiver; and so he has tried to imitate God by introducing his people to sporadic peaks of exuberance by using drug-induced highs.

### Fundamental Prerequisites:

To live high in life and high on life, the foundational cornerstone of your lifestyle must consist of 3 verses: 1 John 1:9 (Confess your sins), Matt 18:35 (Forgive from your heart), Mark 11:24 (Believe you receive when you pray).

#### A. Physical Highs.

Your body is designed to produce a high of harmonious vibrancy as it is brought into shape by proper nutrition, sleep and exercise. It becomes a fine-tuned instrument wherein you can even measure your pulse in your fingertips without touching them.

#### B. Emotional Highs.

At the mental level, you are designed to achieve pinnacles of emotional highs as you walk in love, attain goals, and complete challenging assignments. A love-based, task-oriented lifestyle will generate and maintain ongoing emotional highs of accomplishments and satisfaction.

#### C. Spiritual Highs.

As your spirit is already perfect, a spiritual high is really achieved through your heart. Guard your heart with all diligence for out of it flow all the issues of life. A spiritual high for a believer is achieved as two flows of the anointing come together. The anointing of God flows from your spirit into your heart where it meets the anointing coming down on you. As you know, spiritual highs have profound effects. They can affect your body, such as hands which feel as if they are burning, or bodies which seem about ready to float away.

#### D. Kingdom Highs.

This is achieved as more and more you learn to live your kingdom rights. You have been made a king and a priest and you are seated with Jesus in heavenly places; far, far above all principality, power, might and dominion. As you grow from the milk to the meat to the strong meat of the Word of God, more and more the anointing of God will rest upon you as you are washed by the water of the Word to become more and more a part of the Glorious Church.

Remember: There is no high like the Most High.