

Prayer of Affirmation (POA)

A. Definition.

1. The POA is speaking or declaring God's Word over yourself or situation.
Example 1: I have been healed by the stripes of Jesus (1 Peter 2:24).
Example 2: My God supplies all my need according to His riches in glory by Christ Jesus (Phil 4:19).
2. You are what the Bible says you are. You can do what the Bible says you can do. An affirmation is calling yourself what the Bible says you are.
3. Heb 10:23 AmpC It is professing your faith; the faith which you confess.
4. Examples: Jesus said only what the Father said.
Joh 12:49 the Father gave me a commandment, what I should say, and what I should speak. 5:19 The Son does what the Father does.
Gen 17:5 God changed Abram's name to Abraham (Father of many nations). This was an affirmation starting even before Sarah had a child.

B. The Process of Affirmations.

1. Mark 11:24 Affirmation starts as an expression of gratitude to God for answering your prayer.
2. Phil 4:6 You thank God for His answer as many times as you wish.
3. Tit 3:8 A faithful saying, and these things I will that thou affirm constantly,
4. Affirmation continues as spiritual warfare.
Mark 11:23 if you don't doubt in your heart, you have what you say.
Mark 5:28 AmpC For she kept saying, If I only touch His garments, I shall be restored to health.
Eph 6:17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

C. The Importance of Affirmations.

1. Eph 6:17 Use the Sword of the Spirit as a battering ram (Joshua 1:8)
2. Rom 4:17 Call things that be not as though they were.
3. Psalm 103:20 Releasing angels to work.
4. Rev 12:11 Overcoming by the Blood of the Lamb (Jesus' part) and by the word of our testimony (our part).

D. How to Affirm.

1. Confess your sins before you start affirming the Word (1 John 1:9).
2. The affirmation must be based on a Scripture (i.e., a promise of God).
3. The affirmation must contain the Name of Jesus.
4. Speaking the Prayer of Affirmation:
The affirmations must be spoken audibly through your lips.
The affirmations must be spoken in the past tense. [The prayer has been answered. Your request has already been done (spiritually)].