

## Essence of Healing

**Overview:** It is very hard to be successful in any venture without your health. Sicknesses and diseases are just incipient death. They are temptations to embark on the road to death. The end game for all temptations is death. You resist temptations to sin, so why not resist temptations to embark upon the road toward physical death. In order to resist those temptations, this teaching highlights the most important takeaways from Healing School. You should already have been living them all. Healing School is, after all, a new lifestyle.

### Purpose of Healing School

Healing School teaches you how to get your healing manifestation, how to minister healing to others, how to live without dependence on the system of Mammon, and how to live victoriously in every area of your life. Fundamental to success in achieving these goals is the requirement to continue in the Word (John 8:31-32) and to go from level to level (2 Cor 3:18, Isa 28:10). Growing in God's Word is mandatory for your health. It is **not** optional.

### A. Healing School Semester 1

Theme: Healing comes through the spoken Word.

1. Confess known sins immediately. Break the curses associated with the known and generational sins.
2. Deal with your unknown sins frequently. Recommended 50 times per day.
3. Do general and specific affirmations. Also, maintenance affirmations.
4. Do **not** rely only on affirmations. Use all 10 Secondary Methods of Healing.
5. Do strategic affirmations: Ps 19:14 and 1 Cor 2:16.

### B. Healing School Semester 2

Theme: Healing comes through living in the Fruit of the Spirit.

1. Be a loving, forgiving person. Forgive after every interaction.
2. Establish the KOG and stay in it. Re-establish it frequently (after sinning).
3. Living in the Fruit of the Spirit keeps you in the KOG. The FOS is the best measure of the prosperity of your soul (i.e., of your Christian character).
4. Live in the power of the Pentachotomy by keeping all 5 parts in alignment.
5. You prosper and are in health even as your soul prospers. Note that your soul won't prosper unless your heart is leading the way into prosperity.

### C. Healing School Semester 3

Theme: Healing comes through personal cleansing.

1. At this level, every violation of the FOS is a sin.
2. Live a lifestyle of cleansing yourself internally (heart, soul, and mind), of cleansing your body, and of cleansing your home.

3. After every confession of a known sin, deal with the DDEs behind the sins.
4. Do periodic fasting and personal cleansing (CRRB and C/O).
5. Choose to be led by the Word of God and the Spirit of God. To the extent that you do this, to that extent you will avoid the deceptions of being led by mind control spirits, by temptations, by ungodly habits or by the spirit of pride, which manipulates you into decisions based on what you know.

#### D. Interval Living Matrix (ILM)

The ILM is your God-given “Honey, do” list. These are your daily tasks, which God will use to keep you moving along on the track of the plan which God has for your life. Success in living the tasks on your matrix will increase your trust in God and give you the experience to build the hope (confident expectation) which is an integral part of learning patience.

1. Start your ILM immediately with 3 or 4 items. Pencil on paper, if necessary.
2. Make this your **personal covenant** with God. Put on it only items which you believe that God wants you to do every day. Start small. It will grow.
3. Plan your day so you get all items done before going to sleep. Do not go to sleep until all items have been done. It is your contract with God to keep you in health and living victoriously. Keep your covenant!
4. The time you take to execute each line item is a part of your Faith Action Plan. Your faith transforms these periods into **intervals of Grace**.
5. I suggest that you target 100 Rapid Fire and 50 Intermittent USPs per day; but please choose numbers which you confidently believe that you can get done within your daily time limitations, so you will be sure that you can complete your daily covenant with your Heavenly Father.

**Strong Recommendation:** A very good way to do many intermittent USPs is that, as soon as you complete one USP, you immediately mentally schedule the next one to be done within 2-5 minutes.

#### Scripture References

2 Corinthians 3:18

But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Isaiah 28:10

For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little: