

Wait With Glad Expectation Series

Wait With Glad Expectation Series – Part 8

Intro: God's promises are conditional; so, if you obey the conditions specific to a promise, you will receive that promise.

Review of Part 1

A. Wait Correctly.

1. But they that **wait** [*who expect, look for, and hope in Him*] Isa 40:31 (NKJV, AMPC)
upon the LORD shall renew their strength *and power*; they shall mount up [*close to God*] with wings as eagles
[*mount up to the sun*]; they shall run, and not be weary; and they shall walk, and not faint *or become tired*.

Review of Part 2

B. Wait Incorrectly.

1. Postponement, procrastination, complacency, slowing down, rushing, haste, deferment, disappointment, discouragement, depression, getting tired, giving up, quitting.
2. Discontentment, lack of faith (doubt, unbelief), and impatience.
 - a. Waiting is not being complacent doing nothing.
3. Prov 13:12 (AMPC) Hope deferred makes the heart sick, but when the desire is fulfilled, it is a tree of life.
4. Use **The Power Triplets**: When you have **faith** and **patience**, with **contentment** promotion comes.
(1 Tim 6:10; James 1:2-4; 1 Tim 6:6)
 - a. Patiently expect in faith and look forward to seeing what you hope for as if it has already turned into a manifested reality.

Review of Part 3

C. Wait Upon the Lord.

1. [God] will restore *or replace* for you the years that the locust hath eaten. Joel 2:25 (NKJV, AMPC)

Review of Part 4

D. Wait With Glad Expectation to get Power, Promotion, Prosperity, and Perfection.

1. Incorporate these truths into your lifestyle.
2. **Affirm:** In the Name of Jesus, I wait upon You Lord. I expect, look for, and hope in You. I continually renew my strength and **power**. I mount up with wings as eagles. When I run, I will not be weary; and when I walk, I shall not faint or become tired. (Isa 40:31 NKJV, AMPC)
3. **Affirm:** In the Name of Jesus, God **promotes, prospers, and perfects** me because He helps me to operate in faith, patience, and contentment (1 Tim 6:10; James 1:2-4; 1 Tim 6:6).
4. **Affirm:** In the Name of Jesus, I decree that my prayers have been answered and I have new victories because I wait upon You, Lord, **with glad expectation for power, promotion, prosperity, and perfection!**

Review of Part 5

E. Wait for God's Restoration.

1. God wants to give you restoration (Ps 51:12; Joel 2:25-32).
2. Make a Restoration List for God to restore everything the devil has stolen from you (Prov 6:31).
 - a. Example: Joy, peace, patience, time, reputation which brought shame, sleep, relationships, money, investments, inheritance, business, etc.
3. Say **The Seven-fold Restoration Prayer** (based on Prov 6:31):
Heavenly Father, in the Name of Jesus, I decree that the devil has to repay me sevenfold of everything he stole from me, especially (Complete the sentence with items on your Restoration List)

4. Say **The Double Blessing Prayer** (based on Isaiah 61:7 and Job 42:10):
Heavenly Father, in the Name of Jesus, instead of shame, You, God give me a Double Portion. Instead of dishonor, you give me everlasting joy. I rejoice and thank You for restoring my fortunes like You did for Job when he prayed for his friends. I praise You, God, for giving me twice as much as I had before. Amen!

Review of Part 6

F. Wait With Glad Expectation for God's Unconditional Love.

1. But God will not forget you. Is 49:15

Review of Part 7

G. Wait With Glad Expectation and Love Yourself.

1. For God so loved the world that He gave His only begotten Son, Jn 3:16 (NKJV)
that whoever believes in Him should not perish but have everlasting life.
2. Merriam Webster's Online Definition:
 - a. Hatred – 1. extreme dislike or disgust. 2. ill will or resentment that is usually mutual: prejudiced hostility or animosity.
 - b. Self-hatred – hatred directed toward oneself rather than toward others.
 - c. Love - Has many definitions. Here are the ones to focus on: Unselfish loyal and benevolent concern for the good of another; the fatherly concern of God for humankind; brotherly concern for others; a person's adoration of God.
3. Do not hate others nor hate yourself.
4. Matt 22:36-40 You shall love the LORD your God with all your heart, with all your soul, and with all your mind. This is the first and greatest commandment. And the second is like it: 'You shall love your neighbor as yourself.
5. Make a Category List of Self-Hatred: Examples: Self-hatred because of things I have done, self-hatred because of things done to me, not liking body size, not liking physical attributes, etc.
 - a. Make a Detailed List of Self-Hatred (within each category): Had abortion when a teen, don't like my nose, stepfather always said I was no good, I keep sinning the same sin and can't seem to stop, etc.
 - b. Repent of the sin of Self-Hatred, re-establish the Kingdom of God (KOG), cleanse (if you know how), and ask the Holy Spirit to help you learn to love yourself by completely receiving God's unconditional love.
 - c. Also be vigilant of these sins that accompany Self-Hatred:
 - Self-loathing: A synonym meaning a deep dislike or hatred of oneself.

- Self-disgust: A strong aversion or revulsion towards oneself, often due to perceived flaws or mistakes.
- Self-contempt: A strong feeling of disrespect or scorn for oneself.

- Self-aborrence: A deep and intense feeling of aversion or revulsion towards oneself.

d. In addition, repent of the fear of any of these.

6. 1 John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

7. **A Prayer to Love Myself:**

Heavenly Father, in the Name of Jesus, I ask the Holy Spirit to help me to love myself with God's Perfect Love which casts out all fear. In the Name of Jesus, I receive God's anointing that breaks every yoke of bondage, especially: _____ (Fill in the blank).

Example: if there are any yokes of fear of hatred, self-hatred, dislike or the sins of hatred, self-hatred, or dislike that have been trying to challenge me.

I ask You, Lord, to reveal that to me. Show me how to better identify these sins better, especially the unaware ones that subtly try to attack me, so I can repent of them. I bind up whatever may be trying to influence me right now. I pray that God helps me to get set free of all of them. I also pray that God helps me to learn how to wait with glad expectation for all of God's blessings as I love myself with the Perfect Love of the Lord. Amen.

- a. Sing to yourself (3x): **I love me with the love of the Lord. Yes, I love me with the love of the Lord. I can see in me, the glory of my King, and I love me with the love of the Lord.**

Part 8

H. Wait With Glad Expectation, Forgive Others and Forgive Yourself.

1. Forgiving others and forgiving yourself will bring freedom and will unblock prayers.
 - a. Mark 11:25-26 (AMPC) says, 25 And whenever you stand praying, if you have anything against anyone, forgive him (her) and let it drop (leave it, let it go), in order that Your Father who is in heaven may also forgive you your [own] failings and shortcomings and let them drop. 26 But if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings.
2. Unforgiveness or Self-unforgiveness is sin.
 - a. Unforgiveness and self-unforgiveness hinder your prayers. 1 Peter 3:7; Col 3:19
 - b. Unforgiveness and self-unforgiveness can result in being kicked out of the church away from God's protective covering into the devil's realm. Matt 18:16-20
 - c. Unforgiveness and self-unforgiveness can cause the person to be turned over to satan for the destruction of the flesh. 1 Cor 5:5
 - d. Unforgiveness and self-unforgiveness bring tormentors (like fear). Matt 18:21-35 (KJV)
3. Analyze if you have challenges in any of these specific areas that God can heal and restore you to health physically and emotionally:
 - a. Unforgiveness and self-unforgiveness
 - b. Hatred and self-hatred

- c. Rejection and self-rejection
 - d. Deception and self-deception
 - e. Denial and self-denial
 - f. Defensiveness and self-defensiveness
 - g. Justification and Self-justification
 - h. Condemnation and self-condemnation
 - i. Neglect and self-neglect
 - j. Sabotage and self-sabotage/opposing myself
 - k. Punishment and self-punishment
 - l. Injury and self-injury
 - m. Selfishness and self-centeredness
 - n. Worthlessness/low self-esteem
 - o. Unworthiness
 - p. Self-righteousness
4. Eph 4:31-32 says, ³¹ Let all bitterness, wrath, anger, clamor (shouting), and evil speaking be put away from you, with all malice. ³² And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.
5. Unforgiveness, self-unforgiveness, being offended, offending others, self-hatred, fears, bitterness, resentment, and grudges can cause all diseases, especially cancer, heart attacks, high blood pressure, diabetes, anxiety, stress, depression, mental health, chronic fatigue & fibromyalgia, autoimmune disorders, histamine allergies intolerances, leaky gut, ulcers, gastrointestinal and digestive diseases, etc. and challenges in every area of your life: finances, job, relationships, especially your relationship with God.
6. Your Faith Action Plan for freedom as you wait with glad expectation:
- a. Pray to confess, repent, renounce sins and break ungodly attachments to them.
 - b. Promptly pray to forgive others and forgive yourself.
 - c. Stop beating yourself up with regret and self-condemnation.
 - d. Choose to remember offenses no more and forget about the occurrence.
 - e. Let go of the negative thoughts and bad feelings & release the offender.
 - f. Stop reviewing the past and look towards your future.
 - g. Re-establish the Kingdom of God and stay in the Fruit of the Holy Spirit.
 - h. Bind the DDE's attacking (and do Spiritual Cleansing if a HS3 graduate).
 - i. Bless the person who offended you and bless yourself.
 - j. Decide to love the offender and love yourself with the Love of the Lord.
 - k. Do frequent affirmations: USPs & I love myself with the Love of the Lord daily.