

HOW TO PREPARE FOR NECESSARY SPIRITUAL CLEANSING AND

SPIRITUAL CLEANSING SCHEDULE 2025

Includes: Identifying Sins and Breaking Curses Series:
Teaching, Workshops, Cleansing Prep, Cleansing Session, and Check Ups

How to Prepare for Necessary Spiritual Cleansing

A. Why Spiritual Cleansing Is Necessary.

1. Spiritual Cleansing is the intentional act of freeing your life, home, body, and mind from the harmful effects of Demons, Devils, and Evil spirits (DDEs).
2. It is a deliberate effort to cleanse yourself of demonic influences and spiritual oppression.
3. The only person who doesn't need cleansing is Jesus.
4. If you want to desire complete healing and want to maintain it, Spiritual Cleansing is essential.
5. If you want to be alive and remain when Jesus returns, you must pursue Spiritual Cleansing and live a sin-free holy life.
6. If you want to hear the voice of the Lord clearly, regular Spiritual Cleansing is necessary.

B. Spiritual Preparation Guidelines

1. The Demons, Devils, and Evil spirits (DDEs) don't want you cleansed.
 - a. They will attempt to distract you from the practices that make your Cleansing Session more effective.
2. Be alert to their tactics.
 - a. Resist fear, offense and unforgiveness.
 - b. In addition, guard your heart against strife, arguing, and rejection.
3. Stay open to direction to your Pastors and Leaders during the Cleansing.
4. This is true spiritual warfare, fighting to do what is necessary to be set free and refusing the pull of offense and rejection.
5. Be especially diligent with these practices the day before and the day of your Session.
6. In preparation for your Spiritual Cleansing Session, begin following the Daily Preparation Steps today.

7. In a group cleansing session, your personal challenges will be treated with respect and confidentiality. Other participants will not be aware of your specific issues. If you need individual support, you are welcome to share details privately with a pastor or leader.
8. Our Ministry Team operates as a unified body, so any member can assist you at any time. Your confidential information is honored and shared only within the team. This is similar to how a medical team functions. Each team member is informed of your specific private needs so that whoever is present can minister to you appropriately.

C. Daily Preparation Steps

1. Confess your sins often
 - a. Healing School 3 (HS3) Graduates:
 - CRRB or USP
 - Pray the Establish the Kingdom of God (KOG) Prayer frequently
 - Use the HS2 version to bind the Demons & Devils & wash down the Evil spirits
 - b. Non-HS3 Graduates or those who cleanse infrequently:
 - KSP or USP
 - Pray the Establish the Kingdom of God (KOG) Prayer frequently
 - Use the Awake6:33 version / HS1 to bind the DDEs
2. Receive Communion daily.
3. Speak in tongues frequently throughout the day.
4. Do the Mini Scenarios frequently daily.
5. Read and Study the Bible more.
6. Cultivate an attitude of holiness for at least three days leading up to your Session.
7. Engage in more worship and put on the attitude and Mind of Christ daily.
8. Treat preparation time as a spiritual vacation from your normal routine.
9. Turn off your phone as much as possible during your preparation time and during Cleansing Sessions.
10. Inform family, friends, and co-workers that you will be unavailable during Spiritual Cleanse Sessions.
11. Fasting (Optional for those who are seeking a more powerful Cleansing Experience)
 - Avoid sugar and dairy in your preparation time, during your Fast, and while breaking your Fast.

- a. Fasting Option 1: If you have a challenges (e.g., diabetes, medication with food), consider a Daniel Vegetarian Fast or abstain from favorite foods on the day of your Cleanse.
- b. Fasting Option 2: Fast distractions such as TV, secular movies, social media, unnecessary socializing.
- c. Fasting Option 3: Consider a liquid fast on the day of your Cleanse: protein shakes, coconut water, electrolyte drinks, blended soup, etc.
- d. Fasting Option 4: Choose a Water Only fast on the day of your Cleanse.
- e. Fasting Option 5:
 - Day 1: Blended Soup
 - Day 2: Protein shakes or coconut water
 - Day 3: Water-only
- f. Fasting Option 6: For experienced fasters, consider a 3-day Water-only Fast (add a pinch of salt for electrolytes.)
- g. Breaking your Fast: Ramp up slowly, especially after a Water-only Fast. Take the same number of days to reintroduce solid foods as you took to eliminate them.
 - Day 1 after fast: Blended veggie soup or protein shake
 - Day 2: Eggs, soup with cooked vegetables, pureed chicken, fish, or Turkey
 - Day 3: Resume normal eating including chicken, fish, turkey, raw salads, crunchy veggies
 - Day 4: Introduce beef if desired

D. Physical Preparation

1. Keep your schedule open after the Cleanse in case we run over the estimated time.
2. It is a requirement that your Zoom video be ON and your mic will need to be unmuted during the Cleansing time.
3. We need to see your eyes and make sure that you are okay during the entire Session.
4. So get as close to the Zoom camera as possible and remain in a seated position.
5. Be appropriately dressed for a ministry service in comfortable clothing.
6. Make sure your background is neat and tidy or use the Zoom Blur or a nice Zoom background theme.

7. Make sure that your chat is available and check it often so we can maintain constant communication with you if ever needed.
8. A box of tissue
9. A small garbage can
10. It is recommended to refrain from wearing jewelry to be unhindered.
11. To maintain focus and reduce physical distractions during your Cleansing Session, women with medium to long hair are encouraged to secure it away from the face using a ponytail or wear a headband.
12. For the Foot Washing Service on Wed 11/12: You will need:
 - A plastic bin filled with room temperature or warm water
 - Alternatively, you may use a wet cloth or paper towel.
 - To protect your floor or carpet, place a plastic garbage bag beneath your feet
 - A towel to dry your feet after
13. HS3 Graduates will need the 3 Witness Elements ready for each Cleansing Session.
 - Purified Water
 - Wine Vinegar for the Blood of Jesus
 - Olive Oil

SPIRITUAL CLEANSING SCHEDULE 2025

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| Identifying Sins and Breaking Curses Series - Work Sheet..... | Teaching Sun 07-20-2025 JM & KM |
| Workshop A – Fear..... | Teaching Sun 07-20-2025 KM |
| Workshop B – Shame and Fear of Offense & Unforgiveness..... | Workshop Wed 07-23-2025 DH |
| Workshop C – Shame and Fear of Rejection & Self-Rejection..... | Workshop Wed 07-30-2025 MBD |
| Workshop D – Sexual..... | Workshop Wed 08-06-2025 JM & KM |
| Workshop E – Negative Words..... | Workshop Wed 08-13-2025 KM, SB, SC |
| Workshop F – Substance Abuse/Addiction(s)..... | Workshop Wed 08-20-2025 DH |
| Workshop G – Generational..... | Workshop Wed 08-27-2025 JM & KM |
| Workshop H – Works of Darkness..... | Workshop Wed 09-03-2025 DH |
| Workshop I – Impatience..... | Workshop Wed 09-10-2025 MBD |
| Workshop J – Anger..... | Workshop Wed 09-17-2025 AF, SB & SC |
| Workshop K – Shame and Fear of Hatred & Self-Hatred..... | Workshop Wed 09-24-2025 AF, SC & SB |
| Workshop L – Co-Dependency..... | Workshop Wed 10-01-2025 JM & KM |
| Workshop M – Sexual – Part 2..... | Workshop Wed 10-08-2025 JM & KM |
| Workshop N – Dysfunctional Relationships..... | Workshop Wed 10-15-2025 JM & KM |
| Workshop O – Mind Control and Controlling Spirits – Part 1..... | Workshop Wed 10-22-2025 JM & KM |
| Workshop P – Mind Control and Controlling Spirits – Part 2..... | Workshop Sun 10-26-2025 JM & KM |
| Workshop Q – Works of Darkness – Part 2..... | Workshop Wed 10-29-2025 DH |
| Workshop R – Pride and Haughtiness..... | Teaching Sun 11-02-2025 JM & KM |
| Workshop S – Stubbornness..... | Workshop Wed 11-05-2025 JM & KM |
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- *How to Prepare for Necessary Spiritual Cleansing.....*Teaching Sun 11-09-2025 JM & KM
and Spiritual Cleansing Schedule 2025
 - **PREPARATION – FOOTWASHING & STOP THE WORSERS.....**Workshop Wed 11-12 2025 JM, KM, MBD
 - **No Event** **Cancelled Sat 11-15-2025**
 - *A Victorious Cleansed Lifestyle.....*Teaching Sun 11-16-2025 JM & KM
 - **CLEANSING – FEAR, UNFORGIVENESS, OFFENSE.....**SESSION Wed 11-19-2025 Staff
 - *Thanksgiving Celebration & Cleansing Check Up.....*Workshop Wed 11-26-2025 JM, KM, MBD
 - **CLEANSING – INFIRMITIES, SICKNESS & CHECK UP.....**SESSION Wed 12 -03-2025 Staff / DH, SB
 - *Cleansing Check Up.....*Workshop Wed 12-10-2025 AF, SC
 - *Cleansing Check Up.....*Workshop Wed 12-17-2025 AF, SB
 - *Christmas Eve Caroling & Cleansing Check Up.....*Workshop Wed 12-24-2025 JM & KM
 - *New Year Celebration & Cleansing Check Up.....*Workshop Wed 12-31-2025 JM & KM