

ABC CLEANSING PREPARATION BY ZOOM: FOOTWASHING & STOP THE WORSERS AND

SPIRITUAL CLEANSING SCHEDULE 2025

Includes: Identifying Sins and Breaking Curses Series: Teaching, Workshops, Cleansing Prep, Cleansing Session, and Check Ups

Special Service From 6:33 pm – 8:00 pm (Pacific Time)

- A. Service Initiation with a USP and a KOG Summary: Pastor James
- B. Worship
- C. Physical Preparation Review:
 - 1. For the Foot Washing Service on Wed 11/12: You will need:
 - a. A plastic bin filled with room temperature or warm water
 - b. Alternatively, you may use a wet cloth or wet paper towel.
 - c. To protect your floor or carpet, place a plastic garbage bag beneath your feet
 - d. A towel to dry your feet after
- D. More Worship
- E. Another USP and Normal KOG (HS1 Level)
- F. Opening Prayer

Washing Where My Feet Have Taken Me: Pastor James (1-2 min)

Repeat this prayer after me:

Heavenly Father, I thank You, Jesus. You are my Savior, my Lord, my Deliverer, my Provider, and my Protector. You paid the full price for my redemption of sins and today I step into this holy moment with reverence and glad expectation. Lord, I choose to forgive and walk as a loving, forgiving person. I release every person who has ever offended me, by word, deed, or silence from the moment I was conceived until now. In the Name of Jesus, I bless them all from my heart. I forgive myself.

I reckon myself dead to sin but alive to God through Christ Jesus my Lord. For I was crucified with Christ, nevertheless, I live but not I, Christ Jesus, lives in me and the life I now live in the flesh, I live by the faith of the Son of God Who loved me, and gave Himself for me. I am bought with the Blood of Jesus and I belong to Him. I am filled with the Spirit of God.



I invite You, Holy Spirit to fall fresh upon me, rest upon me with Your Spirit of Wisdom and Understanding, Spirit of Counsel and Might, Spirit of Knowledge and Fear of the Lord, making me of quick understanding of the fear of the Lord.

Lord, I acknowledge, that my feet have walked through places of the curse of the earth of fear, unforgiveness, self-unforgiveness, offense: being offended and being offensive, and allowing any infirmity or sickness to challenge me. Today I choose to have my feet washed and be free of all curses connected to any sins of my life and especially off my feet.

In the Name of Jesus, as I prepare to wash my feet, I do so with faith and patience. I believe that every step I take from this moment forward will be ordered by God. I will walk in God's righteousness and power, as well as in the Gifts and Fruit of the Holy Spirit. I will not be bound by the past, I am stepping into freedom., into healing, into God's calling for my life.

I am ready, Lord. Wash away every hindrance, and lead me into a deeper dimension of the divine destiny You have prepared for me as it says in Jeremiah 29:11. Amen.

I say: I agree with each one of you in Jesus' Name.

G. The Importance of Foot Washing: Pastor Matthew (10 min)

- 1. Ponder the path of your feet
 - a. Pro 4:20-27 Importance of God's Word and its effect on our eyes, ears, heart, mouth, AND feet.
 - b. Pro 4:26 Ponder the path of thy feet, and let all thy ways be established.
 - c. Pro 4:27 Turn not to the right hand nor to the left: remove thy foot from evil. .
- 2. How are we led?
 - a. Desires = thoughts = words = actions = habits = character = destiny
 - b. But actions start with motion, going some where or doing something, which is done by the feet.
 - c. The feet are the catalyst in the First Step.
 - d. The start of a thousand miles begin with the first step.
 - e. Avoid the First Step of sin to stay away from the Slippery Slope.
 - f. Flee sins. Avoid the First Step of sin by fleeing sins.
 - g. Make a commitment in your heart to flee all sins.



- h. Make a commitment in your heart that from now on your feet will take you only where the Holy Spirit wants you to be.
- i. Your feet will no longer be led by the devil.
- 3. Washed clean.
 - a. Joh 13:3-10 Jesus washing the feet of the disciples and His discussion with Peter.
 - b. Joh 13:5 After that he poureth water into a bason, and began to wash the disciples feet, and to wipe [them] with the towel wherewith he was girded.
 - c. Joh 13:6 Then cometh he to Simon Peter: and Peter saith unto him, Lord, dost thou wash my feet?
 - d. Joh 13:7 Jesus answered and said unto him, **What I do thou knowest not now; but thou shalt know hereafter.**
 - e. Joh 13:8 Peter saith unto him, Thou shalt never wash my feet. Jesus answered him, If I wash thee not, thou hast no part with me.
 - f. Joh 13:9 Simon Peter saith unto him, Lord, not my feet only, but also [my] hands and [my] head.
 - g. Joh 13:10 Jesus saith to him, He that is **washed needeth not save to wash** [his] feet, but is clean every whit: and ye are clean, but not all.
 - h. The earth is cursed and your feet move upon cursed earth, not upon Holy Ground.
 - i. Embarking on the paths of sin subject your feet to the curses of the earth and of the sins.
 - j. You are the Temple of God.
 - k. Confess your sins frequently; stay under the anointing and you will always be in the Kingdom of God, standing on Holy Ground.
- 4. Straight and narrow.
 - a. Mat 7:13 Enter ye in at the strait gate: for wide [is] the gate, and broad [is] the way, that leadeth to destruction, and many there be which go in thereat:
 - b. Mat 7:14 Because strait [is] the gate, and narrow [is] the way, which leadeth unto life, and few there be that find it. Jesus is the gate (Jn10:2); Jesus is the way (Jn 14:6).
 - c. 1Jo 5:7 For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and these three are one. 1Jo 5:8 And there are three that bear witness in earth, the Spirit, and the water, and the blood: and these three agree in one.



H. ABC Foot Washing Prayer

- 1. Washing My Feet of All the Negative Effects of:
 - a. Fear: Pastor James

Repeat this prayer:

Heavenly Father, in the Jesus, as I wash my feet, I ask You to cleanse every place they've taken me that opened the door to fear.

You have not given me a spirit of fear, but of power, love, and a sound mind. I am no longer in bondage to fear because of the fear of death. He is the truth and His truth says, "I am the life and the resurrection." The life of God is in me. I have already renounced every step I've taken because of fear, through people, places, or decisions. I have already broken its hold and have cancelled its legal right to influence my body, mind, home, finances, and relationships. Fear is not my master, Jesus is my Master. I reject all fear, especially the fear of death, confusion, and torment. I declare: I am free and the life of God is in me. The Spirit of God quickens my mortal body and drives off of me and out of my life all fear.

The sins of my feet have been washed away by the precious Blood of Jesus and the Rivers of Living Water wash away all challenges of sins off of my feet, especially any time I've walked outside Your will, into places that brought fear or led me away from righteousness. I have already broken curses and renounced every demon, devil, and evil spirit tied to those steps.

As I wash my feet, I receive Your cleansing, Lord. I choose to walk in holiness. I choose to walk in God's peace. I choose to walk in freedom from fear, in the Name of Jesus. Amen.

I say: I agree with you in the Name of Jesus.



- b. Unforgiveness: Pastora Karen
 - Self-Unforgiveness

Repeat this prayer:

Heavenly Father, in the Name of Jesus, I choose to turn my back on the sins of unforgiveness and unforgiveness. I have already prayed to forgive everyone from my heart. I have also forgiven myself of any sins and I receive forgiveness for myself. In the Name of Jesus, I bless all of us from my heart.

Lord, I have forgiven every person who has hurt, betrayed, or disappointed me, from conception to this very moment. I release them all into Your hands and any negative memories. I wash away all unforgiveness and self-unforgiveness off my feet with the water of Your Word. Amen.

I agree with each one of you in the Name of Jesus.

- c. Offense: Pastor Matthew
 - Taking Offense/Being Offended

Heavenly Father, I thank You for Your incredible mercy. I wash my feet of of every mistake, every act of disobedience, every sin, whether deliberate or mistaken. You have also washed away all my failures, any rebellion, and carnal sins through the precious Blood of Jesus.

Because You have forgiven me so completely, Lord, in the Name of Jesus, I choose to forgive everyone who has ever wronged me, those who had hurt me, offended me, mistreated me, abused me, or harmed my loved ones. I forgive those who spoke negatively about us, disappointed me, or did anything that caused pain or seemed displeasing to me or to You.

From the moment I was conceived, through my time in the womb, my birth, infancy, childhood, teenage years, young adulthood, and every stage of life, up to this very moment, I release forgiveness. I wash my feet of being offended and in the Name of Jesus, my Savior and Lord, I have forgiven them all from my heart. Amen.



 Giving Offense/Being Offensive Repeat this prayer:

In the Name of Jesus, I repent for every sin of giving offense, being offensive, or causing anyone to stumble, whether knowingly or unknowingly. I symbolically wash my feet of all offenses, releasing every trace of wrongdoing in this area.

Lord, in the Name of Jesus, I choose to let go of all bitterness, wrath, anger, clamor, evil speaking, and malice. I choose instead to walk in kindness, tenderheartedness, and forgiveness, just as God, for Christ's sake, has forgiven me. Amen.

I agree with each one of you in the Name of Jesus.

d. Infirmities: Pastor Matthew Repeat this prayer:

Heavenly Father, in the name of Jesus, the Word of God is true. In the Name of Jesus, I have already repented of every sin I have committed that opened the door to the spirit of infirmity. I repent of my response to trauma, emotional hurts, disease, physical or mental weakness or illness, that may have caused me to allow the demons, devils, or evil spirts to convince me of an inability to overcome those challenges. In the Name of Jesus, I have broken every tie to my sins and every person that may have been involved in those sins. I have already broken every tie to the spirit of infirmity, and I wash you down and cut off your power in my life. Amen.

I agree with each one of you in the Name of Jesus.



e. Sickness: Pastor Matthew Repeat this prayer:

Heavenly Father, in the Name of Jesus, I thank you that I have been healed by the stripes of Jesus. In the name of Jesus I take authority over every temporary sickness or injury in my body and I declare my body has been healed. I command every cell organ and system of my body to be healthy, healed, and whole. I repent of every sin that may have opened the door to sickness and disease. I wash down every demon, devil, and evil spirit behind sickness and wash them down now. Amen.

I agree with each one of you in the Name of Jesus.

I. The Holy Act of Foot Washing

Washing with Rivers of Living Water:

In the Name of Jesus, I wash these feet with water and as I do, Rivers of Living Water flow out of my innermost being, carrying the anointing of God. Just as in the days of Noah, when water cleansed the earth of evil, so now these Rivers of Living Water wash away all evil from these feet.

I declare that every trace of fear, unforgiveness, offense, infirmity, and sickness, is washed away, including all demons, devils, and evil spirits and all their holds, ties, hooks and all the connections from these feet. In the Name of Jesus, the Rivers of Living Water wash away the effects of all past sins and every place these feet have walked into darkness or compromised. I declare that every plan, intention, and stronghold of the enemy is broken. The sinful dust of the earth is removed from my (person's name) feet. These feet are consecrated anew, washed in Rivers of Living Waters, purified by the Word, and restored to walk in righteousness. Amen.

2. Anointing with the Blood of Jesus (Communion Wine) In the Name of Jesus, I anoint these feet with the Blood of Jesus. I apply His Blood to every cell and fiber of these feet declaring healing, restoration, and

divine purpose. These feet belong to Almighty God, purchased with the precious Blood of Jesus Christ. No demon, devil, or evil spirit may cross this Blood Line or interfere with God's plans for me (or for name). These feet are marked for righteousness and will walk only in the paths ordained by the Lord. Amen.



3. Anointing with the Oil of the Holy Spirit

In the Name of Jesus, I anoint these feet with the Oil of the Holy Spirit, for empowerment, protection, and divine guidance. The Word of God is a lamp to these feet and a light to their path.

Wherever these feet go, they will leave spiritual imprints, flashes of God's Glory that cause demons, devils and evil spirits to tremble and flee. These feet are shod with Gospel of Peace. They are empowered to walk in holiness, remain in God's Will and dwell in the Secret Place of the Most High. Amen.

J. Closing Prayer: Pastor James

Heavenly Father, in the Name of Jesus, I thank You for this sacred act of cleansing. as these feet have been washed, anointed, and consecrated, I declare that every trace of fear, unforgiveness, offense, infirmity, and sickness, including any demonic residue has been removed by the Power of Jesus.

I thank You for the Blood of Jesus that protects, restores, and marks these feet for Your divine purposes. I thank You for the Oil of the Holy Spirit that empowers these feet to walk in righteousness, peace, and divine alignment.

Lord, may these feet never stray from Your path. May they carry Your presence, leave imprints of Your glory, and walk boldly in the calling You have ordained. I Thank You for Your healing, Your holiness, and Your guidance for all of us.

In the Name of Jesus, I pray that we all continue to walk in freedom from fear, unforgiveness, offense, infirmity, and sickness. Amen.



Breaking Curses - Expanded Prayer Confess, Repent, Renounce, and Break (CRRB) Ungodly Ties

Confess and Repent (Restore Fellowship with God)

1. Heavenly Father, in the Name of Jesus, if I am challenged to remember if I had previously broken curses on any of these sins on this list or if I did break curses on them but still having challenges in any of these areas I break off specific challenges on a deeper level as I ask the Holy Spirit to reveal to me if there are any strongholds or roots left:

I confess and repent of any of these sin(s) mentioned if I had committed them or my ancestors had committed them of:

- A. Fear including dread, panic, anxiety, fight or flight challenges, worry, concern, fret, feeling stressed out or overwhelmed, rushed,
- B. Unforgiveness, Self-Unforgiveness as well as Shame and Fear of Offense & Unforgiveness
- C. Offense: Being offended by others or taking offense and Being offensive or giving offense as well as Shame and fear of being offended or taking offense and Shame and Fear of being offensive or giving offense
- D. Infirmity of all disease, physical or mental disease or illness
- E. Sickness: temporary ailments or injuries.

Also say out loud the list of specific sins you are confessing and repenting for below.

List Sin(s)	 			

- In the Name of Jesus, I repent of all my sins of attitudes, intentions, desires, thoughts, memories, words, actions or deeds concerning the sin(s) I just repented of.
- 3. In the Name of Jesus, I forgive myself and/or anyone from my heart who have participated in the
 - sin(s) or caused me to sin or been affected by these sins. In the Name of Jesus, I bless all of us

from my heart; and I love each person and myself with the Love of the Lord.

Renounce (Spiritual Warfare)



- 4. In the Name of Jesus, I renounce satan and every demon, devil and evil spirit behind these sins.
- 5. In the Name of Jesus, I take away the legal right of satan, every demon, devil and evil spirit (DDEs)

to operate in or on me, my body or my life because of these sins and you can no longer affect me in

any way shape or form.

Break (Sever Ungodly Ties)

- 6. In the Name of Jesus, I break every ungodly soul tie, ungodly heart tie, ungodly thought tie, ungodly
 - mind tie, ungodly body tie, ungodly tongue tie and negative word tie to these sins and to every
 - person and spiritual being connected to or behind these sins. I cancel, make null and void all
 - negative words that I could have spoken over myself, or others, or that other people could have
 - spoken over me (and my family), especially any diagnoses.
- 7. In the Name of Jesus, I break every curse, every generational curse, every ungodly vow. every
 - ungodly covenant or promise, every ungodly contract, every ungodly hold, every ungodly hook,
 - every ungodly obligation, every ungodly expectation, every ungodly goal or dream, every diagnoses,
 - and every connection to evil resulting from these sins.

8.		,	et free by Jesus Christ. She/He, whom the Son
	sets free,	IS	
	free indeed. I		am now free in the Name of Jesus!
	Amen.		
		(Say your name)	



DAILY ESSENTIAL PRAYERS

Known Sins Prayer (KSP/CRRB)

The most important thing Christians can do for their health and protection is to confess sins, according to 1John 1:9, as soon as you become aware of that sin. Confess, Repent, Renounce, and Break curses connected to those sins of your Known Sins. (Refer to "The Morning Miracle" book pages 45-46).

Pray the Known Sins Prayer (KSP/CRRB)				
"Heavenly Father, I am sorry that I sinned by				
say the sin(s) you did.				
In the Name of Jesus, thank You, Lord, for cleansing me from all				
unrighteousness and help me not to do it again."				

Unknown Sins Prayer (USP)

Say this USP as frequently as possible during the day. This helps to keep you in righteousness and helps to overcome challenges and diminish attacks of the enemy.

Pray the Unknown Sins Prayer (USP):

"Heavenly Father, I am not aware of any sins. In the Name of Jesus, thank You, Lord, for cleansing me of all unrighteousness, according to 1 John 1:9."

Establishing the Kingdom of God (KOG) Prayer (Foundational Expanded Version)

- 1) Frequently during the day, it's vitally important to do these prayers as a set together.

 This helps to repair any cracks in your protective covering of the Kingdom of God that are caused by sin (known or unknown sins: pages 45-46).
- 2) Say the Known Sins Prayer (KSP) or do an Unknown Sins Prayer (USP).
- 3) Right after doing a KSP or USP, pray the KOG Prayer (Short Version or Normal Version) This should help you withstand the attacks of the enemy and help to preserve your protection shield. HS3 Graduates should do the regular version of the KOG Prayer.

<u>Short Summary Version - Pray the Establishing the Kingdom of God (KOG) Prayer:</u>



"In the Name of Jesus: I (we) bind up every demon, devil, and evil spirit challenging me (us); and you cannot affect me (us) in any way, shape, or form. The blood of Jesus heals and restores me (us) from the damages of sin and the effects of any challenges. In the Name of Jesus: I (we) establish the Kingdom of God over and around me (us). The healing power of God and His anointing are imparted to me (us). The will of my (our) Heavenly Father will be done in everything that I (we) pray and do today. The angels of God have a godly firewall of protection around me (us), where the enemy cannot hear, see, or know what I am (we are) doing or praying. In the Name of Jesus, I am (we are) protected above me (us) through the heavens, past the air rights, below me (us) through the core of the earth, stopping at the gates of hell, and 360 degrees around me (us), everywhere I (we) go, in everything that I (we) do. Everything that pertains to me (us) is protected, including my (our) home(s), business(es), church(es), ministry(ministries), career(s), project(s), assignment(s), account(s), identity(identities), current and future income, and anything God wants me (us) to do. Thank You, God, for Your divine protection, provision, prosperity, healing, health, and wholeness. Amen."

Normal Version - Pray the Establishing the Kingdom of God (KOG) Prayer:

"In the Name of Jesus: I (we) bind up every demon, devil, and evil spirit challenging me (us); and you cannot affect me (us) in any way, shape, or form. The blood of Jesus heals and restores me (us) from the damages of sin and the effects of any challenges. In the Name of Jesus: I (we) establish the Kingdom of God over and around me (us). The healing power of God and His anointing are imparted to me (us). The will of my (our) Heavenly Father will be done in everything that I (we) pray and do today. The angels of God have a godly firewall of protection around me (us), where the enemy cannot hear, see, or know what I am (we are) doing or praying. In the Name of Jesus, I am (we are) protected above me (us) through the heavens, past the air rights, below me (us) through the core of the earth, stopping at the gates of hell, and 360 degrees around me (us), everywhere I (we) go, in everything that I (we) do. Everything that pertains to me (us) is protected, including my (our) home(s), business(es), church(es), ministry(ministries), career(s), project(s), assignment(s), account(s), identity(identities), current and future income, and anything God wants me (us) to do. Thank You, God, for Your divine protection, provision, prosperity, healing, health, and wholeness.



In the Name of Jesus: I (we) also pray for divine wisdom because I (we) have the Mind of Christ. I (We) decree that every day we have on the full Armor of God automatically so that the enemy cannot know who is praying against them, which avoids retaliation.

In the Name of Jesus, I (we) stop and bind up any attempts of retaliation against me (us) and loved ones. In the Name of Jesus, I (we) also bind up works of darkness, witchcraft, all evil, and any challenges hindering me (us) in any way, shape, or form. I (We) loose and release the blessings of God to run to overtake me (us). By faith, I (we) have already received what I (we) asked for in prayer because it was done in the heavenly realm. I (We) thank You, God, for the manifestation of prayers coming to me (us) in the earthly realm because it is already mine (ours), in the Name of Jesus. Amen."



SPIRITUAL CLEANSING SCHEDULE 2025

Identifying Sins and Breaking Curses Series - Work Sheet Workshop A – Fear Workshop B – Shame and Fear of Offense & Unforgiveness Workshop C – Shame and Fear of Rejection & Self-Rejection Workshop D – Sexual Workshop E – Negative Words Workshop F – Substance Abuse/Addiction(s) Workshop G – Generational Workshop H – Works of Darkness Workshop I – Impatience Workshop J – Anger Workshop K – Shame and Fear of Hatred & Self-Hatred Workshop M – Sexual – Part 2 Workshop N – Dysfunctional Relationships Workshop O – Mind Control and Controlling Spirits – Part 1	Teaching Sun 07-20-2025 KMWorkshop Wed 07-23-2025 DHWorkshop Wed 07-30-2025 MBDWorkshop Wed 08-06-2025 JM & KMWorkshop Wed 08-13-2025 KM, SB, SCWorkshop Wed 08-20-2025 DHWorkshop Wed 08-27-2025 JM & KMWorkshop Wed 09-03-2025 DHWorkshop Wed 09-10-2025 MBDWorkshop Wed 09-17-2025 AF, SB & SCWorkshop Wed 09-24-2025 AF, SC & SBWorkshop Wed 10-01-2025 JM & KMWorkshop Wed 10-08-2025 JM & KMWorkshop Wed 10-15-2025 JM & KM
Workshop P – Mind Control and Controlling Spirits – Part 2	Workshop Sun 10-26-2025 JM & KM
Workshop Q – Works of Darkness – Part 2	·
Workshop R – Pride and Haughtiness	_
Workshop S – Stubbornness	Worksnop Wed 11-05-2025 JM & KM
How to Prepare for Necessary Spiritual Cleansing and Spiritual Cleansing Schedule 2025	Teaching Sun 11-09-2025 JM & KM
• PREPARATION - FOOTWASHING & STOP THE WORSERS	Workshop Wed 11-12 2025 JM, KM, MBD
No Event	Cancelled Sat 11-15-2025
A Victorious Cleansed Lifestyle	Teaching Sun 11-16-2025 JM & KM
• CLEANSING - FEAR, UNFORGIVENESS, OFFENSE	•
Thanksgiving Celebration & Cleansing Check Up	Workshop Wed 11-26-2025 JM, KM, MBD
• CLEANSING - INFIRMITIES, SICKNESS & CHECK UP	•
Cleansing Check Up	·
Cleansing Check Up	•
Christmas Eve Caroling & Cleansing Check Up	
New Year Celebration & Cleansing Check Up	·