

A Victorious Cleansed Lifestyle

A. Why Live A Victorious Cleansed Lifestyle

Living a victorious, cleansed lifestyle isn't optional and is essential. It's the key to walking in spiritual authority, living under divine protection, and fulfilling your God-given purpose with clarity, power, and joy.

1. You were made to rule and reign in dominion, power, and authority.
 - a. You were created to follow Jesus, our Lord and Savior, and rely on the Holy Spirit, our Guide,
 - b. The Holy Spirit helps us make wise decisions, hear God's voice more clearly, and avoid deception.
 - c. You have been created to live above the enemy's schemes, not beneath them.
 - d. Spiritual cleansing removes sin, deception, and demonic influences so you can walk boldly in your divine calling and destiny.
2. Daily Spiritual Cleansing empowers daily victory.
 - a. Removing Demons, Devils, and Evil spirits (DDEs) through spiritual cleansing frees you to live a holy, consecrated, and powerful life.
 - b. It enables you to align your life with God's Word and will, sets you free from oppression, infirmity, sickness, and demonic influences and sabotage.
3. You are more powerful than the Demons, Devils, and Evil spirits (DDEs).
 - a. DDEs tremble when you rise God-given authority, dominion, and power.
 - b. When you activate James 4:7, "*Submit to God. Resist the devil, and he will flee from you,*" you become untouchable.
 - c. You will then be able to resist their temptations, sin, and demonic influences and they will flee from you.
 - d. Submission to God, your pastor and leaders, His Word of God, and walking in love, forgiveness, and holiness through a victorious cleansed lifestyle, the devil loses all access and he can no longer land his hooks to ensnare you.
 - e. This will close every door the enemy tries to enter.
 - f. Forgiveness is a key and helps you be a loving, forgiving person, and releases the past.
 - g. Unforgiveness and holding onto past offense and negative memories are demonic hooks that need to be cut and released so you can be free.
 - h. Holiness isn't optional.
 - i. A sin-free lifestyle free of DDEs makes you fortified to withstand the enemy's attacks.
4. God's Dunamis Dynamite Resurrection Lightning Power Resides IN you.

- a. The same Dunamis Power that raised Jesus from the dead lives in you!
- b. That's what makes the DDEs flee because they recognize the power of our Risen Lord and Savior, Jesus Christ, in you.
- c. Spiritual Cleansing release you to love wholeheartedly, forgive without restraint, and stand firm to resist the enemy, because every hindrance of demonic impediment has been broken.
5. The enemy has already been defeated.
 - a. Jesus spoiled principalities and powers (DDE's) through his death (Col 2:15).
 - b. You are on God's Winning Side!
 - c. Don't be intimidated by demonic losers trying to appear more powerful than you, they're deceivers.
 - d. 1 Jn 4:4, *"Greater is He that is in you, than he that is in the world."*
 - e. You have the Creator's Power which makes you more powerful than any DDE.
6. Stand firm in faith, vigilant, and ready for victory.
 - a. Keep your Shield of Faith raised quenching every fiery dart.
 - b. The more you resist the enemy, they will retreat, and leave you alone.
 - c. Practice resisting the DDEs daily because you are powerful and God is teaching how to be victorious.
7. Envision the life God sees for you.
 - a. Use your imagination as a spiritual tool.
 - b. Visualize yourself as God sees you as healed, healthy, whole, and victorious.
 - c. Gen 11:6, *"Nothing will be restrained from them, which they have imagined to do."*
 - d. Mk 9:23, *"Everything is possible for one who believes."*
 - e. Prov 29:18, *"Where there is no vision the people perish."*
 - f. Pull down from the heavenly realm what you need by imagining it.
 - g. God is telepathic, you are telepathic, and DDEs are telepathic.
 - h. Be fearless and full of God's kind of faith.
 - i. You were never meant to be bound, burdened, or broken.
 - j. You were created to walk in freedom, holiness, and divine authority, dominion, and power over the enemy.
 - k. Visualize in your imagination the DDEs fleeing from you as you live a victorious cleansed lifestyle ruling and reigning as God's Ambassador of the Kingdom of God!

B. How to Live a Victorious Cleansed Lifestyle.

1. Living a victorious cleansed lifestyle is a spiritual foundation.
 - Stay spiritually Cleansed.
 - Live a consecrated and committed walk with God.
 - Develop key disciplines designed to keep demonic influences and hooks out of your life.
 - Develop a lifestyle of holy habits which keep Demons, Devils, and Evil spirits (DDEs) from harassing you.
 - Be alert to recurring temptations, treat them as sin.
 - Deal with DDEs behind the temptations and bad habits.
 - a. Begin each day with the Morning Prayer.
 - b. Confess your sins frequently:
 - Known Sins Prayer (KSP) as soon as possible
 - Unknown Sins Prayer (USP) once every 1 - 2 hours
 - c. Read and study the Bible
 - d. Attend Church at least twice per week
 - e. Take communion daily
 - f. Resist sins
 - g. Forgive quickly
 - If a past offense resurfaces in your mind, recognize it as a temptation. then pray the Forgiveness Prayer.
 - h. Speak affirmations daily
 - i. Pray in tongues (aim for 1 hour daily)
 - j. Praise and Worship continually
 - k. Give tithes and offerings generously
 - l. Fast when able
2. Cleanse your sphere of influence.
 - a. Cleanse your home.
 - Anoint your home.
 - Establish the Blood Line around your home/property.
 - Cleanse all new items brought into the house.
 - HS Grads: 3 Witness your home.
 - b. Cleanse your friendships and relationships.
 - Evaluate and prioritize their influence on you.
 - Pro 27:17 Irons sharpens iron.
 - Ps 42:7 Pursue deep godly relationships.
 - 2 Cor 6:14 Be equally yoked.

- Assess the Godly value of your activities and environments.
- 3. Live in the Kingdom of God.
 - a. Establish and maintain the Kingdom of God around you.
 - b. Carry the Glory of God.
 - c. Be a God chaser.
 - d. Rely on the Holy Spirit, your Guide and Mentor.
 - e. Surround your atmosphere by playing praise and worship music 24/7.
- 4. Walk in love and forgiveness.
 - a. Mt 18:35 Be quick to forgive from your heart.
 - If you start to lose your joy, peace or patience, forgive the offenders.
 - It's better to forgive and bless others as much as possible than hold offense against someone.
- 5. Seek first the Kingdom of God according to Matt 6:33.
 - a. Consecrate every area of your life.
 - Dedicate your life, goals, relationships, and possessions to God.
 - Flee sins.
 - Ask yourself, *What Would Jesus Do?*
 - b. Declare strategic affirmations.
 - Rom 6:11 In the Name of Jesus, I reckon myself dead to sin but alive unto God through Christ Jesus, my Lord.
 - 1 Cor 2:16 In the Name of Jesus, I have the mind of Christ.
 - Ps 19:14 In the Name of Jesus, God has made the words of my mouth, the meditations of my heart, and the thoughts of my mind pleasing to Him.
- 6. Maintaining a consecrated lifestyle.
 - a. Cleansing Sessions lead to victorious life through sanctification by the Word of God and the power of the Holy Spirit.

DAILY ESSENTIAL PRAYERS

The Morning Prayer . Forgiveness Prayer . KSP/CRRB . USP . KOG

The Morning Prayer

(Say every morning upon awakening)

Heavenly Father, in the Name of Jesus, I am not aware of any sins since the last time I confessed; so, right now, I am asking You to cleanse me for all my unknown sins, according to 1 John 1:9. In the Name of Jesus, I receive forgiveness for all my sins and I renounce all the devils and evil spirits behind these sins. In the Name of Jesus, I ask the Holy Spirit to fall afresh on me. In the Name of Jesus, I bind Satan and all his Demons, Devils, and Evil spirits (DDEs) from me and all that concerns me. In the Name of Jesus, today I loose into my life, and into all that concerns me, the will of my Heavenly Father, the powers of Heaven and the Angels of God, according to Matt 18:18. Amen.

FORGIVENESS PRAYER

Heavenly Father, in the Name of Jesus, I forgive anyone who has offended me in any way, shape or form; knowingly or unknowingly; by omission or commission; and every person who has participated in any of my sin(s) or caused me to sin or have been affected by sin(s).

In the Name of Jesus, I forgive _____ (person's name) from my heart for/of: _____ (Examples: offending me, insulting me, etc.)

In the Name of Jesus, I receive forgiveness; and I bless (him/her/them) to _____ (Examples: to walk in love, joy, peace, patience, forgiveness, etc.) Amen.

In the Name of Jesus, I love (person's name) _____ with the love of the Lord

FORGIVE YOURSELF PRAYER

Heavenly Father, in the Name of Jesus, I forgive myself from my heart for/of: _____. In the Name of Jesus, I receive forgiveness and I bless myself. In the Name of Jesus, I love myself with the love of the Lord. Amen.

The Power of the Known Sins Prayer (KSP/CRRB)

The moment you recognize sin, don't delay, respond immediately. Confessing known sins as soon as they come to light is one of the most powerful things a believer can do to protect their spiritual health to remain in divine covering. According to 1 John 1:9, when we confess, God is faithful to forgive and cleanse us from all unrighteousness. When you Confess sins, Repent, Renounce, and Break curses (CRRB), you shut the door to the enemy, dismantle his legal rights, and restore you under the Kingdom of God's Blessings and Protection.

(See "The Morning Miracle," pages 45-46 for further insight.)

KNOWN SINS PRAYER **(KSP/CRRB)**

"Heavenly Father,

I am sorry that I sinned by _____(say the sins you did).

**In the Name of Jesus, thank You, Lord, for cleansing me from all
unrighteousness and help me not to do it again."**

Why Pray the Unknown Sins Prayer (USP)

Praying the Unknown Sins Prayer (USP) frequently throughout the day cultivates spiritual vigilance. Use it as a daily holy habit. It helps you remain in a position of spiritual purity in a sin-free state, keeping you aligned with God's grace.

THE UNKNOWN SINS PRAYER (USP)

“Heavenly Father, I am not aware of any sins. In the Name of Jesus, thank You, Lord, for cleansing me of all unrighteousness, according to 1 John 1:9.”

Why Intercede for Others with the Unknown Sins Prayer (USP)

Every time you pray the Unknown Sins Prayer (USP) for someone else, you become a vessel of mercy and spiritual breakthrough for that individual. Just as Jesus forgave others while He was on the Cross, you have been given His delegated authority to release others from sins they may not even be aware of. Your intercession can silence the enemy's accusations, release divine help, healing, restoration, and grace to flow into their lives.

INTERCEDING FOR OTHERS **WITH THE UNKNOWN SINS PRAYER** (USP)

“Heavenly Father, I am not aware of any sins. In the Name of Jesus, thank You, Lord, for cleansing me of all unrighteousness, according to 1 John 1:9.”

Can add an affirmation. Example:

“_____ (person's name) has been healed by the stripes of Jesus”.

Why Pray the Powerful Establishing the Kingdom of God Prayer (KOG) (Foundational Expanded Version)

Spiritual Recommendations:

Pray this set of prayers frequently throughout the day. This two-step, power-packed practice pushes back the enemy's attacks and keeps you in the protective covering of the Kingdom of God, whether the breach is caused by Known or Unknown Sins.

Step 1: Say the Known Sins Prayer (KSP) or an Unknown Sins Prayer (USP).

- This keeps you cleansed of sin and unrighteousness, restoring you to righteousness under God's grace.

Step 2: Immediately follow with the Kingdom of God Prayer (KOG).

- Use the Short or Normal version to re-establish the Kingdom of God, re-activating your divine authority, dominion, power, and protection.
- This practice maintains your position of righteousness and strengthens your defenses against the enemy's tactics.
- HS3 Grads: Use the full version of the KOG Prayer for deeper spiritual warfare.

ESTABLISHING THE KINGDOM OF GOD PRAYER (KOG) (Short Summary Version)

"In the Name of Jesus: I (we) bind up every demon, devil, and evil spirit challenging me (us); and you cannot affect me (us) in any way, shape, or form. The blood of Jesus heals and restores me (us) from the damages of sin and the effects of any challenges.

In the Name of Jesus: I (we) establish the Kingdom of God over and around me (us). The healing power of God and His anointing are imparted to me (us). The will of my (our) Heavenly Father will be done in everything that I (we) pray and do today. The angels of God have a godly firewall of protection around me (us), where the enemy cannot hear, see, or know what I am (we are) doing or praying.

In the Name of Jesus, I am (we are) protected above me (us) through the heavens, past the air rights, below me (us) through the core of the earth, stopping at the gates of hell, and 360 degrees around me (us), everywhere I (we) go, in everything that I (we) do. Everything that pertains to me (us) is protected, including my (our) home(s), business(es), church(es), ministry(ministries), career(s), project(s), assignment(s), account(s), identity(identities), current and future income, and anything God wants me (us) to do. Thank You, God, for Your divine protection, provision, prosperity, healing, health, and wholeness. Amen."

ESTABLISHING THE KINGDOM OF GOD PRAYER (KOG) *(Normal Version)*

“In the Name of Jesus: I (we) bind up every demon, devil, and evil spirit challenging me (us); and you cannot affect me (us) in any way, shape, or form. The blood of Jesus heals and restores me (us) from the damages of sin and the effects of any challenges.

In the Name of Jesus: I (we) establish the Kingdom of God over and around me (us). The healing power of God and His anointing are imparted to me (us). The will of my (our) Heavenly Father will be done in everything that I (we) pray and do today. The angels of God have a godly firewall of protection around me (us), where the enemy cannot hear, see, or know what I am (we are) doing or praying.

In the Name of Jesus, I am (we are) protected above me (us) through the heavens, past the air rights, below me (us) through the core of the earth, stopping at the gates of hell, and 360 degrees around me (us), everywhere I (we) go, in everything that I (we) do. Everything that pertains to me (us) is protected, including my (our) home(s), business(es), church(es), ministry(ministries), career(s), project(s), assignment(s), account(s), identity(identities), current and future income, and anything God wants me (us) to do. Thank You, God, for Your divine protection, provision, prosperity, healing, health, and wholeness.

In the Name of Jesus: I (we) also pray for divine wisdom because I (we) have the Mind of Christ. I (We) decree that every day we have on the full Armor of God automatically so that the enemy cannot know who is praying against them, which avoids retaliation. In the Name of Jesus, I (we) stop and bind up any attempts of retaliation against me (us) and loved ones. In the Name of Jesus, I (we) also bind up works of darkness, witchcraft, all evil, and any challenges hindering me (us) in any way, shape, or form.

I (We) loose and release the blessings of God to run to overtake me (us). By faith, I (we) have already received what I (we) asked for in prayer because it was done in the heavenly realm. I (We) thank You, God, for the manifestation of prayers coming to me (us) in the earthly realm because it is already mine (ours), in the Name of Jesus. Amen.”

Breaking Curses - Expanded Prayer

Confess, Repent, Renounce, and Break (CRRB/KSP) Ungodly Ties

Confess and Repent (Restore Fellowship with God)

1. Heavenly Father, in the Name of Jesus, if I am challenged to remember if I had previously broken curses on any of these sins on this list or if I did break curses on them but still having challenges in any of these areas I break off specific challenges on a deeper level as I ask the Holy Spirit to reveal to me if there are any strongholds or roots left.

I confess and repent of any of these sin(s) mentioned if I had committed them or my ancestors had committed them of: _____

Also say out loud the list of specific sins you are confessing and repenting for below.

List Sin(s): _____

2. In the Name of Jesus, I repent of all my sins of attitudes, intentions, desires, thoughts, memories, words, actions or deeds concerning the sin(s) I just repented of.
3. In the Name of Jesus, I forgive myself and/or anyone from my heart who have participated in the sin(s) or caused me to sin or been affected by these sins. In the Name of Jesus, I bless all of us from my heart; and I love each person and myself with the Love of the Lord.

Renounce (Spiritual Warfare)

4. In the Name of Jesus, I renounce satan and every demon, devil and evil spirit behind these sins.
5. In the Name of Jesus, I take away the legal right of satan, every demon, devil and evil spirit (DDEs) to operate in or on me, my body or my life because of these sins and you can no longer affect me in any way shape or form.

Break (Sever Ungodly Ties)

6. In the Name of Jesus, I break every ungodly soul tie, ungodly heart tie, ungodly thought tie, ungodly mind tie, ungodly body tie, ungodly tongue tie and negative word tie to these sins and to every person and spiritual being connected to or behind these sins. I cancel, make null and void all negative words that I could have spoken over myself, or others, or that other people could have spoken over me (and my family), especially any diagnoses.

7. In the Name of Jesus, I break every curse, every generational curse, every ungodly vow, every ungodly covenant or promise, every ungodly contract, every ungodly hold, every ungodly hook, every ungodly obligation, every ungodly expectation, every ungodly goal or dream, every diagnoses, and every connection to evil resulting from these sins.
8. In the Name of Jesus, I have been set free by Jesus Christ. She/He, whom the Son sets free, is free indeed. I _____ am now free in the Name of Jesus! Amen.
(say your name)

SPIRITUAL CLEANSING SCHEDULE 2025

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|---|-------------------------------------|
| Identifying Sins and Breaking Curses Series - Work Sheet..... | Teaching Sun 07-20-2025 JM & KM |
| Workshop A – Fear..... | Teaching Sun 07-20-2025 KM |
| Workshop B – Shame and Fear of Offense & Unforgiveness..... | Workshop Wed 07-23-2025 DH |
| Workshop C – Shame and Fear of Rejection & Self-Rejection..... | Workshop Wed 07-30-2025 MBD |
| Workshop D – Sexual..... | Workshop Wed 08-06-2025 JM & KM |
| Workshop E – Negative Words..... | Workshop Wed 08-13-2025 KM, SB, SC |
| Workshop F – Substance Abuse/Addiction(s)..... | Workshop Wed 08-20-2025 DH |
| Workshop G – Generational..... | Workshop Wed 08-27-2025 JM & KM |
| Workshop H – Works of Darkness..... | Workshop Wed 09-03-2025 DH |
| Workshop I – Impatience..... | Workshop Wed 09-10-2025 MBD |
| Workshop J – Anger..... | Workshop Wed 09-17-2025 AF, SB & SC |
| Workshop K – Shame and Fear of Hatred & Self-Hatred..... | Workshop Wed 09-24-2025 AF, SC & SB |
| Workshop L – Co-Dependency..... | Workshop Wed 10-01-2025 JM & KM |
| Workshop M – Sexual – Part 2..... | Workshop Wed 10-08-2025 JM & KM |
| Workshop N – Dysfunctional Relationships..... | Workshop Wed 10-15-2025 JM & KM |
| Workshop O – Mind Control and Controlling Spirits – Part 1..... | Workshop Wed 10-22-2025 JM & KM |
| Workshop P – Mind Control and Controlling Spirits – Part 2..... | Workshop Sun 10-26-2025 JM & KM |
| Workshop Q – Works of Darkness – Part 2..... | Workshop Wed 10-29-2025 DH |
| Workshop R – Pride and Haughtiness..... | Teaching Sun 11-02-2025 JM & KM |
| Workshop S – Stubbornness..... | Workshop Wed 11-05-2025 JM & KM |
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- *How to Prepare for Necessary Spiritual Cleansing.....*Teaching Sun 11-09-2025 JM & KM
and Spiritual Cleansing Schedule 2025
 - **PREPARATION – FOOTWASHING & STOP THE WORSERS.....**Workshop Wed 11-12 2025 JM, KM, MBD
 - **No Event** **Cancelled Sat 11-15-2025**
 - *A Victorious Cleansed Lifestyle.....*Teaching Sun 11-16-2025 JM & KM
 - **CLEANSING – FEAR, UNFORGIVENESS, OFFENSE.....**SESSION Wed 11-19-2025 Staff
 - *Thanksgiving Celebration & Cleansing Check Up.....*Workshop Wed 11-26-2025 JM, KM, MBD
 - **CLEANSING – INFIRMITIES, SICKNESS & CHECK UP.....**SESSION Wed 12-03-2025 Staff / DH, SB
 - *Cleansing Check Up.....*Workshop Wed 12-10-2025 AF, SC
 - *Cleansing Check Up.....*Workshop Wed 12-17-2025 AF, SB
 - *Christmas Eve Caroling & Cleansing Check Up.....*Workshop Wed 12-24-2025 JM & KM
 - *New Year Celebration & Cleansing Check Up.....*Workshop Wed 12-31-2025 JM & KM