

A. What is the Heart?

1. Physical versus spiritual heart.
  - a) Inner man - spirit has a heart and soul; outer man - body has a brain and mind.  
God dwells in your spirit; body gives us legal right to operate in authority on earth.
  - b) Pray that he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; that Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love. Eph 3:16:17
  - c) Though our outward man perish, yet the inward *man* is renewed day by day. 2 Co 4:16
2. The Pentachotomy.
  - a) The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor (*spirit born again*); he hath sent me to heal the broken-hearted (*heart restored*), to preach deliverance to the captives (*soul*), and recovering of sight to the blind (*mind renewed through the eye of faith*), to set at liberty them that are bruised (*body*), to preach the acceptable year of the Lord (*Adamic covenant restored*). Luk 4:18-19
3. Heart is neither the spirit nor soul.
  - a) Jesus said unto him, Thou shall love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. Mat 22:37
4. Scriptural references - Spirit (460), Heart (824), Soul (432)

B. The Power of the Heart

1. Salvation - You are saved by believing in your heart and confessing with mouth. Rom 10:9,10
2. Love - The love of God is shed abroad in your heart. Rom 5:5
3. Deliverance - The engrafted word (in your heart) delivers your soul. Jam 1:21
4. Faith - If you believe and do not doubt in your heart. Mark 11:23

C. Harnessing the Power of the Heart

1. Why is the heart important?
  - a) The heart determines who you are. As you think in your heart, so are you. Pro 23:7
  - b) The heart is a gate which allows the glory of God, who lives in your spirit, to flood the rest of your being and your surroundings; or else block the flow. Ps 24:7
  - c) The heart is a veil, behind which God lives. (Heb 6:19, 9:3) 2 Cor 3:15
2. How does the heart work?
  - a) Anything in your mind will be planted in your heart if you act on it. So it is necessary for you to transform yourself by renewing your mind. Rom 12:2
  - b) If you intend in your heart to do something, it is already done in the spiritual. An example is Abraham believed God and it was counted as righteousness. Rom 4:3
  - c) Believing God's Word in your heart opens the gate, parts the veil to allow the anointing of God to flow out from your spirit through your heart. Ps 24:9  
2 Cor 3:16
  - d) Out of the abundance of the heart, the mouth speaks. Matt 12:34
  - e) All the issues of life flow out from the heart. Pro 4:23
3. How do you control the power of the heart?
  - a) Only the Word of God can discern the thoughts & intents of the heart. Heb 4:12
  - b) Intents of the heart.
    - The intention of your heart is that which you have already determined to do (i.e., you have made up your mind that you will do it) if you get the opportunity.
    - Abraham determined that he would sacrifice Isaac to God. Gen 22:3

- Whosoever looks on a woman to lust after her hath committed adultery with her already in his heart. Matt 5:28
  - If you do not forgive from your heart, God will turn you over to the tormentors. Matt 18:35
  - Decide right now, that with the help of the Holy Spirit, you will have only Godly intentions in your heart.
- c) Thoughts of the heart.
- Iniquity - A wrong way of thinking. The belief in your heart is contrary to God's Word and so God cannot hear your prayer. Ps 66:18
  - Fantasies – Dreams or imaginations. The devil wants them to be sinful but reject those and cast them down. Train your heart and mind to visualize and focus on Godly promises, blessings and the answer to your prayers. Josh 1:8
  - Meditations – A repetitive focus on a set of mental concepts or processes. The devil wants you to meditate on problems or secular challenges or sinful desires until you are continuing to do so in your heart; but you fool him by choosing to meditate on God's Word and His promises until they are engrafted into your heart. Pr 16:9
- Blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. Ps 1:1-3  
But his delight *is* in the law of the LORD; and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.
- d) Christ dwelling in your heart
- Christ, the anointed one and His anointing should dwell in your heart.
  - Pray that Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, may be able to comprehend with all saints what *is* the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God. Eph 3:17-19
4. How do you protect your heart?
- a) Guard your heart with all diligence. Pro 4:23
  - b) Protect your heart by guarding your mind from evil input from your five senses by casting down imaginations, and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ. 2Co 10:5
  - c) Protect your heart by guarding your thoughts. Meditate on the Word of God. Jos 1:8  
Protect your heart by thinking only upon that which is true, honest, just, pure, lovely, things of good report, virtue or praise. Phil 4:8
  - d) Guard your mouth. A thought unsaid is a thought that is dead. Life and death are in the power of your tongue. Pro 18:21