

Sow Forgiveness and Reap Godly Benefits

A. Reap What You Sow

1. The Parable of the Sower teaches to sow good seed to reap good. Matt 13:18-30
2. The good seed are the children of the Kingdom; the tares are the children of the wicked one. Matt 13:38
3. Forgive and you shall be forgiven. Luke 6:37
4. Forgive others that your Heavenly Father may forgive you. Mark 11:25
5. But if you do not forgive, neither will your Father forgive you. Mark 11:26
6. Therefore, sow forgiveness and reap forgiveness from God.
7. Sow unforgiveness and reap unforgiveness.

B. The Consequences of Unforgiveness

1. Sin hinders prayers. 1 Peter 3:7; Col 3:19
2. Prayers are not answered if your heart condemns you. 1 Jn 3:20-22; 5:14-15
3. With iniquity in your heart, God will not hear your prayers. Ps 66:18
4. If your heart condemns you, your prayers are not answered. 1 Jn 3:20-22; 5:14-15
5. Unforgiveness brings tormentors. Matt 18:35
6. Unforgiveness can result in being kicked out of the church and away from God's protective covering into the devil's realm. Matt 18:16-20
7. Unforgiveness can cause the person to be turned over to satan for the destruction of the flesh. 1 Cor 5:5

C. The Godly Benefits of Forgiveness

1. If you confess your known sins, He (God) forgives you of all sins. 1 John 1:9
2. Forgiveness restores relationships. Matt 18:15
 - a. If your brother sins against you, go and rebuke him in private. (If he listens to you, you have won your brother. Holman Version)
3. Forgive as many as 70 times 7 and your debts will be forgiven. Matt 18:21-2
4. When forgiven you must then forgive others from your heart. Matt 18:23-36
5. Forgiveness is the prerequisite to healing. Matt 9:5; Ps 103:3; Jm :14,15
6. Receiving forgiveness gets you healed like when Jesus forgave the paralytic of his sins. Mark 2:1-12
7. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. (ESV) Eph 4:32

FORGIVENESS PRAYER

Heavenly Father,

- **In the name of Jesus, I forgive anyone who has offended me in any way, shape or form, knowingly or unknowingly, by omission or commission and every person who has participated in any of my sin(s) or caused me to sin or have been affected by sin(s).**

- *(Also pray this part when necessary)*

In the name of Jesus, I forgive myself of _____.

- **In the name of Jesus, I forgive _____ from my heart,**

Name of Person(s)

- **of**

Examples: Hurting me, offending me, abandoning me, what was said about me....

- **I bless (choose: myself / him/ her/ them) to**

Example: walk in love, joy, peace, patience, forgiveness and not become offended anymore

And I love (choose: me / him / her / them) with the glory of my Lord, Jesus. I can see in (choose: me /him/ her/ them) the glory of my King; and I love (choose: me / him / her / them) with the love of the Lord.